

School Mental Health Matters: Strengthening Local School Mental Health Systems









Agenda

- 1. Overview and Welcome
- 2. Introduction to the School Health Assessment and Performance Evaluation (SHAPE) System
- 3. SHAPE District
- 4. California Center for School Climate Opportunities



3. SHAPE System in Practice: Del Norte Unified School





California Center for School Climate Goals

Relevance

Data

Deliver relevant, responsive, and engaging technical assistance on a variety of school climate topics that meet LEAs and schools where they are

Support LEAs and schools with best practices for collecting, using, and measuring data to support equitable school climate systems change and positive school climates

Connection

Serve as a connector across the state to promote and disseminate best practices



Partnership

Support LEAs and schools in building partnerships with education partners in creating a supportive school climate for all



CCSC Website QR Code









Hilva Educ Calife

Hilva Chan

- **Education Program Consultant**
- **California Department of Education**





Project Cal-Well



School Climate for School-Wide Prevention

> School-Based **Behavioral** Health Services

Community Collaborations





Project Cal-Well Website QR Code











QUESTION:

What organization do you represent?







Introduction



Assistant Professor of Psychiatry, Yale School of Medicine Adjunct Assistant Professor at the University of Maryland **School of Medicine**

Elizabeth Connors, PhD







National Center for School Mental Health (NCSMH)

- Established in 1995 with funding from the US Department of Health and Human Services (HHS), Health **Resources and Services** Administration
- The NCSMH mission is to strengthen policies and programs in school mental health to improve learning and promote success for America's youth.



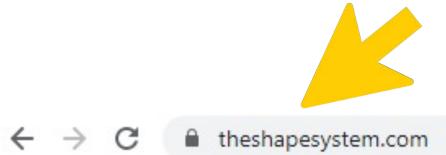


Visit the NCSMH website at www.schoolmentalhealth.org





The SHAPE System





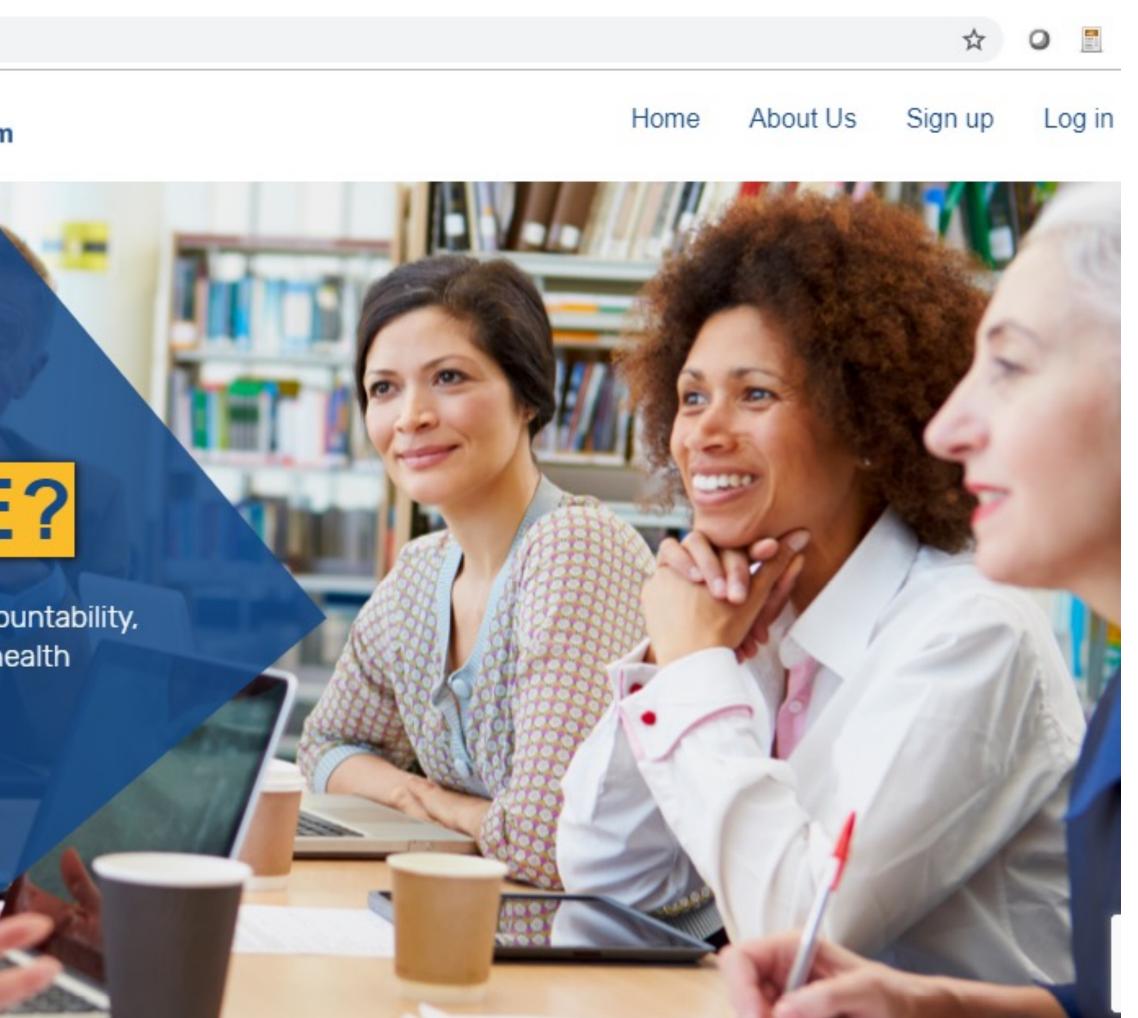
School Health Assessment and Performance Evaluation System

What is **SHAPE?**

A **free**, interactive tool designed to improve accountability, excellence, and sustainability in school mental health in schools, districts, and states.

Learn More







Welcome Video





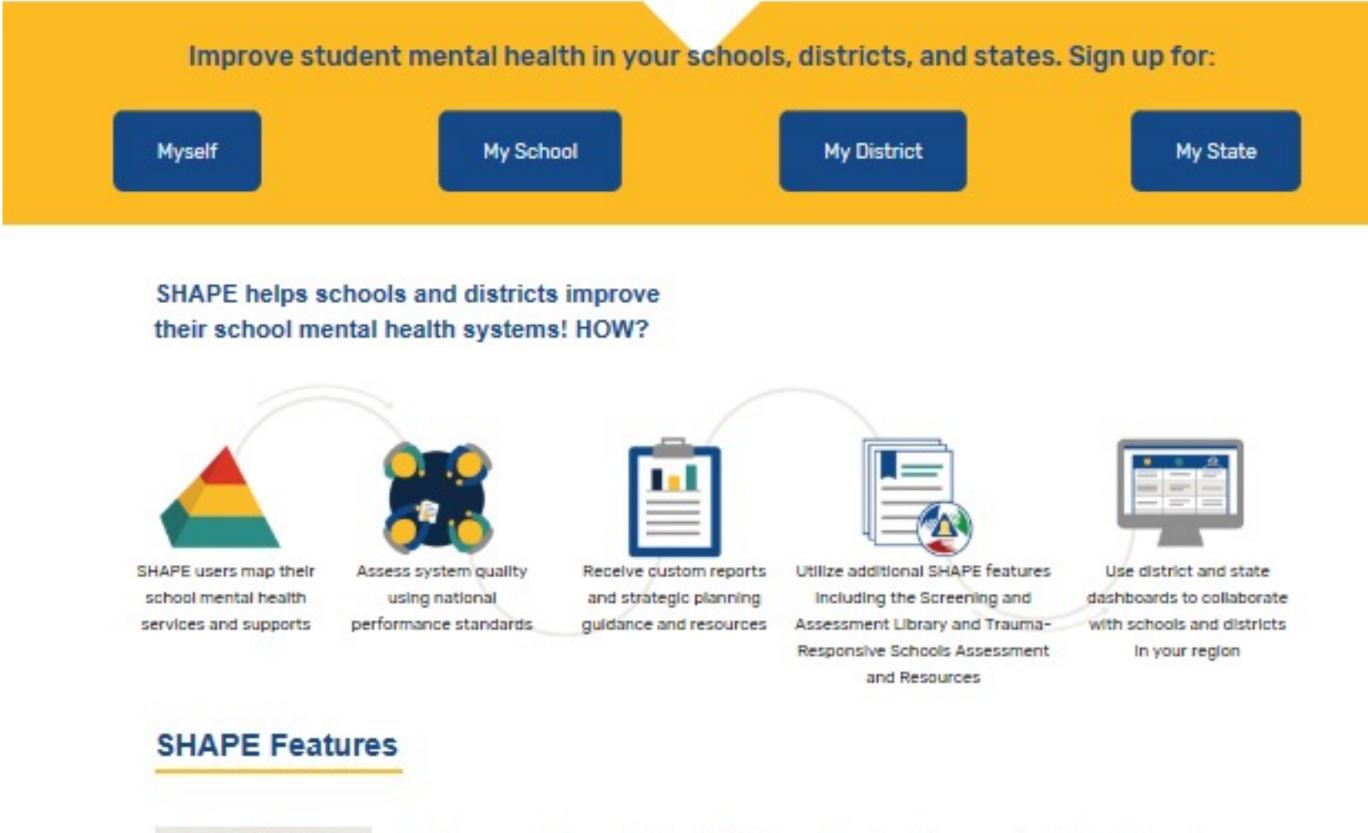
Welcome to SHAPE

From our school mental health quality assessment and resource library, to custom reports and a library of free and low-cost screening and assessment measures, SHAPE has the tools teams need to improve school mental health programming and sustainability in schools, districts, and states/territories. Take the tour to learn more. 🕤





Homepage







School & District Profiles

Quality Assessment & Resources



Collects information and provides a snapshot of the multi-tiered services and supports, staffing, financing and data systems of school and district comprehensive school mental health systems.



Screening & Assessment State and District Trauma Responsive Dashboard Library Schools Assessment

Printable school version Printable district version

UNIVERSITY of MA SCHOOL OF MEDICI

School Mental Health Policy Map

The School Mental Health Policy Map displays and links to key state-level policies and information related to school mental health. Decision makers, state and local leaders, and school mental health stakeholders can use this map to better understand the school mental health landscape in their state and across the country. Inclusion of a policy on the map does not indicate endorsement of policies or that a policy is implemented to fidelity.

The NCSMH will regularly update and add to this map. If you see something missing or outdated from your state in one of the categories, please e-mail the NCSMH at ncsmh@som.umaryland.edu with the subject line "Map Update."

To help understand your own state's school mental health landscape, we encourage state leaders to create a state account on the SHAPE System and complete the State School Mental Health Profile. Information shared will be only shared in aggregate.

Alternatives to Exclusionary Discipline

Bullying Prevention

Culturally Responsive Teaching

Every Student Succeeds Act (Chronic Absenteeism and School Climate)

Funding

Mental Health Staff-to-Student Ratios

Social Emotional Learning

Suicide Prevention

Professional Development: Trauma Exclusionary discipline policies, such as suspensions or expulsions, can have long-term negative consequences on youth (e.g. school dropout and involvement in the juvenile justice system) and school climate (White House Report: The Continuing Need To Rethink Discipline; HHS and U.S. DoE Policy Statement on Exclusionary Discipline). Although federal data demonstrate steady declines in suspensions and expulsions, data indicate that students of color and students with disabilities continue to be disproportionately suspended or expelled.

Several states have addressed the negative consequences and disparities related to exclusionary discipline by enacting policies that direct schools and districts to eliminate or reduce punitive discipline practices and/or implement restorative practices.



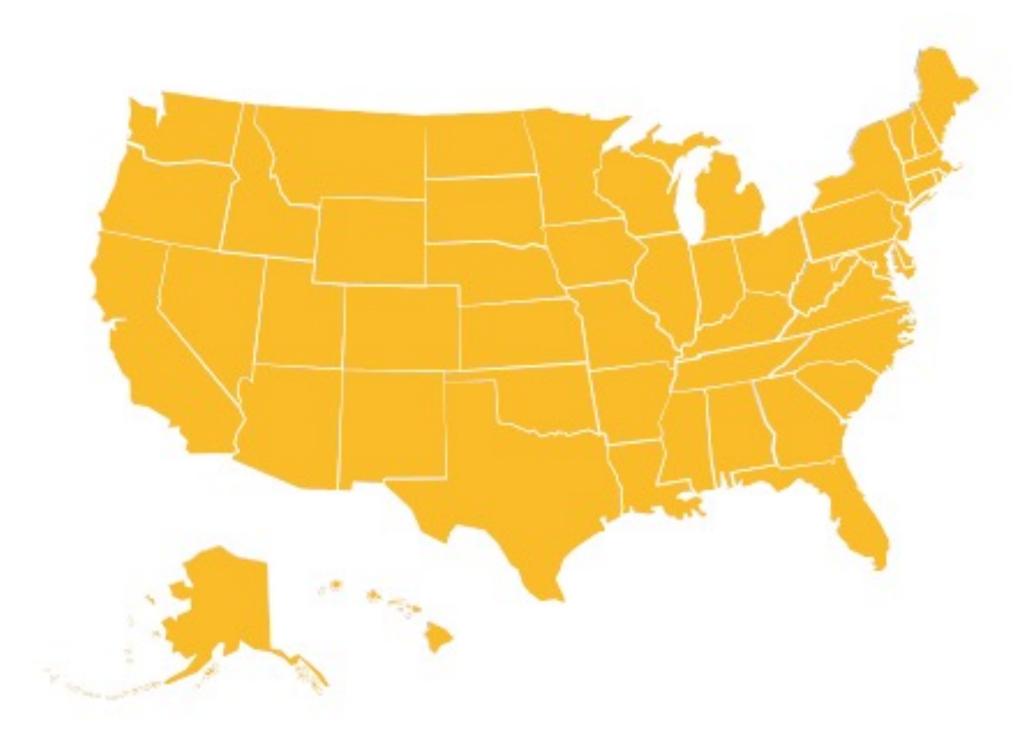
Categories

Addressed: Not addressed: O





All 50 states and over 15,000 schools are ENGAGED IN SHAPE



Funded in part by the Health Resources and Services Administration

www.schoolmentalhealth.org www.theshapesystem.com







Facebook.com/ **CenterforSchoolMentalHealth**





School Health Assessment S H 🔲 P E and Performance Evaluation System

What is **SHAPE?**

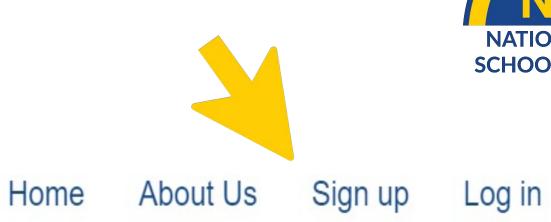


A free, interactive tool designed to improve accountability, excellence, and sustainability in school mental health in schools, districts, and states.

Learn More



Sign Up









Create a SHAPE account.

Welcome to SHAPE!

You're on your way to opening a SHAPE account and gaining access to an array of tools and resources to advance school mental health.

First, we need some basic information to set up your account. Already have an account? Log in.

First Name *	
Last Name *	
Email *	
Role/Position	
State *	
Choose state	~





Create a SHAPE account.

Welcome to SHAPE!

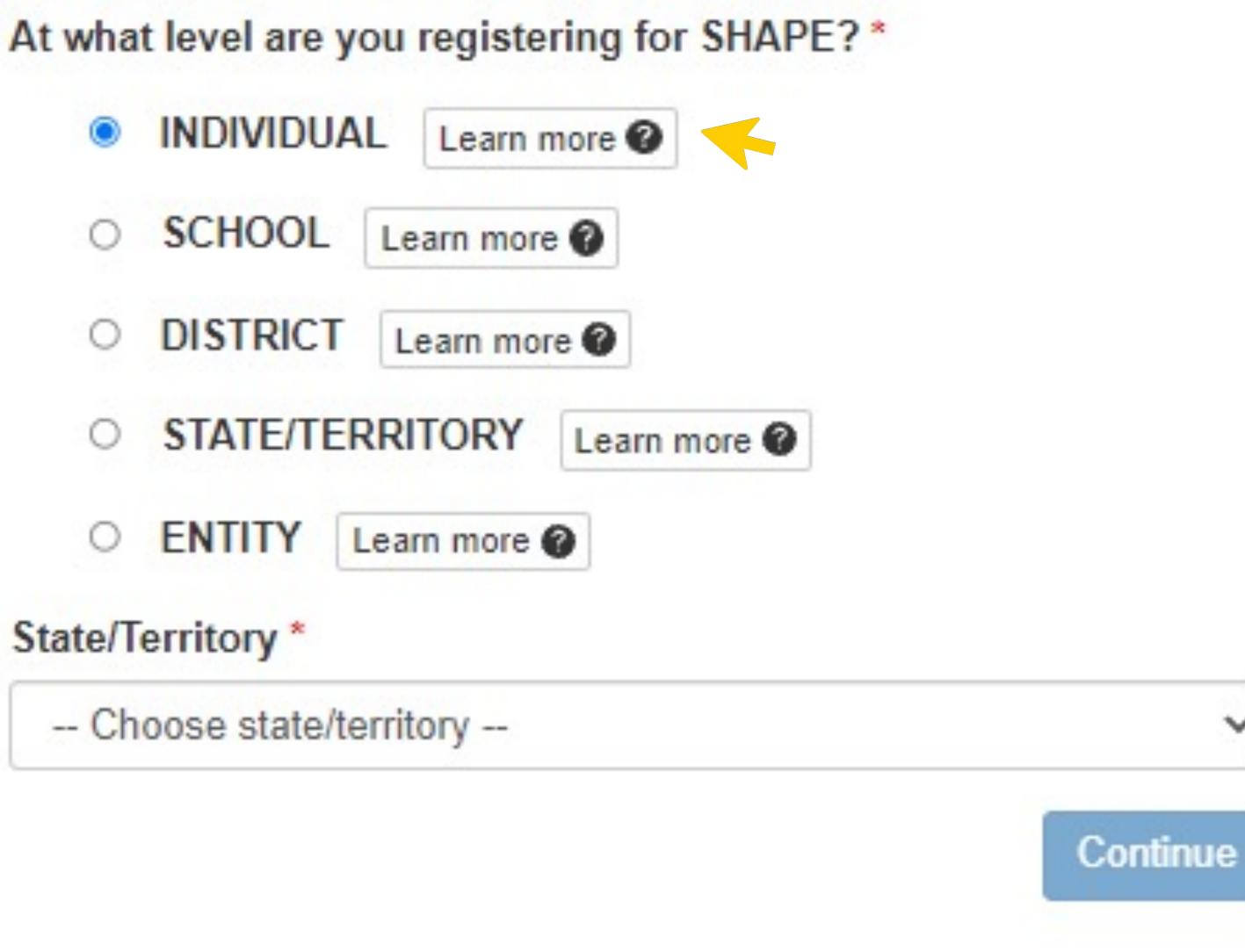
You're on your way to opening a SHAPE account and gaining access to an array of tools and resources to advance school mental health.

First, we need some basic information to set up your account. Already have an account? Log in.

Last N	
	lame *
Email	*
Role/F	Position
At wh	at level are you registering for SHAPE? *
0	INDIVIDUAL Learn more @
-	SCHOOL Learn more @
0	
0	DISTRICT Learn more @
0	DISTRICT Learn more STATE/TERRITORY Learn more







State/Territory *



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Complete Registration

SHAPE Registration

We want to understand your perspective on school mental health in the school or district that you are most familiar with. Please answer these questions to the best of your knowledge. If you do not know the answer to a question, select "not sure."

Does your school mental health system have uni screening and assessment?

Does your school mental health system include u promotion services and supports at the school or

Does your school mental health system include a prevention supports to students identified as bein concerns (Tier 2)?

Does your school mental health system include i services and supports for students identified with (Tier 3)?

Does your school mental health system include e and programs (as identified in the national evider

Does your school mental health system include of augment school mental health services and suppostem?

Does your school mental health system use a qu to understand and improve the comprehensive s



iversal mental health	Yes	No	Not sure
universal mental health grade level (Tier 1)?	Yes	No	Not sure
selective services and ng at risk for mental health	Yes	No	Not sure
ndicated, individualized mental health concerns	Yes	No	Not sure
evidence-based practices	Yes	No	Not sure
community partnerships to orts provided by the school	Yes	No	Not sure
ality improvement process chool mental health system?	Yes	No	Not sure

Submit



Account Activation

Welcome, John Snow!

Create a password for your account with username kingofthenorth@GOT.edu

Create Password

Confirm Password

......

......





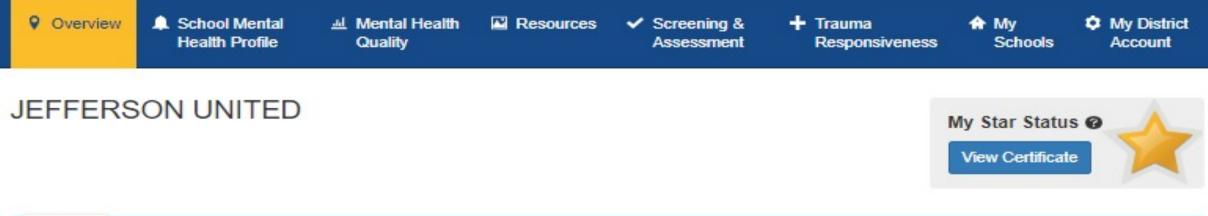
Create a Password

I accept the privacy policy and terms of use.

Privacy Policy Terms of Use









Welcome to SHAPE! Explore all that SHAPE has to offer to improve your district's school mental health system.

School Mental Health Profile

Teams are encouraged to start with The School Mental Health Profile, which asks about the structure and operations of your school mental health system. This Profile is part of the National School Mental Health Census, an effort to capture the status of school mental health nationally.





Resource Center

The Resource Center includes publicly available resources selected by school mental health experts. The library is divided by key components of a comprehensive school mental health system. Teams are encouraged to use custom reports from the Quality Assessment to navigate the resource library and guide the selection of appropriate resources.



health.



Trauma Responsiveness

The Trauma Responsive Schools Implementation Assessment (TRS-IA) is an evidence-informed self-assessment. Feedback reports and comprehensive guides will be generated to support schools and districts as they work to enhance their trauma-responsive programming.

My Schools

View data related to school mental health from schools in your district in the My Schools tab.



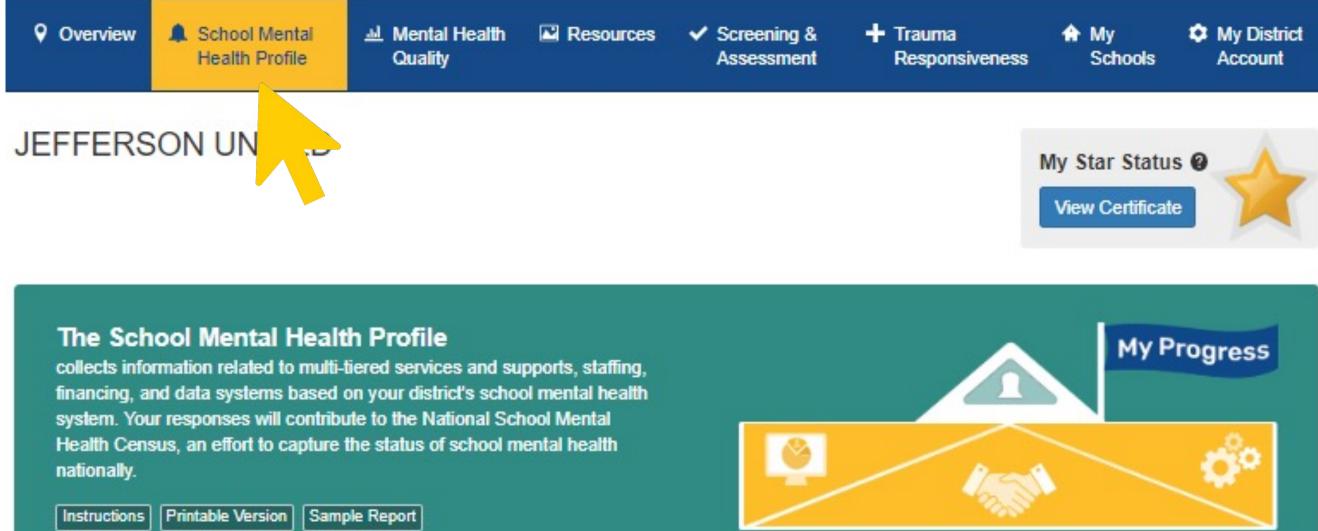
Overview Page

The Quality Assessment will help your team assess the quality of your school mental health system based on seven domains. Teams receive a custom report based on responses.

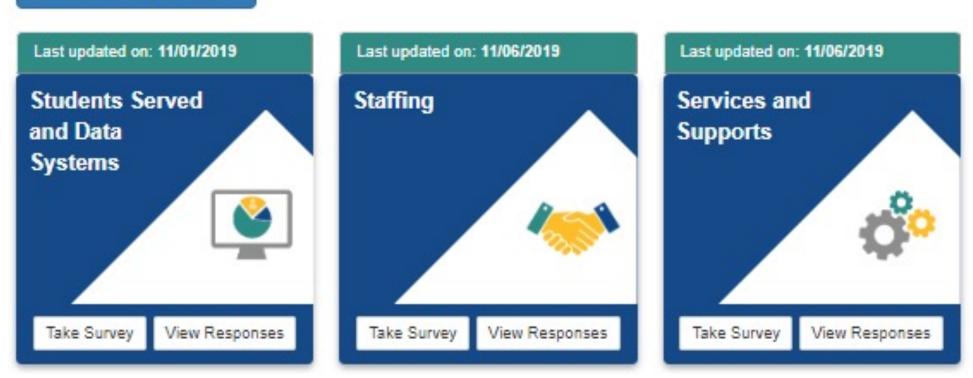
The Screening and Assessment Library offers an extensive list of free and low-cost measures related to school mental



School Mental Health Profile



Summary Report





UNIVERSITY of MARYLAND School of Medicine

School Mental Health Profile

Mental Health Profile

Mental He

r Status

FFER

Students Served and Data Systems

The School Mental Health Profile documents the structure and operations of your school mental health system. This Profile is part of the National School Mental Health Census, an effort to capture the status of school ment health nationally.

The Scl is designed mental hea Quality Ass Assessmen Early Interv Your team

ent Reporti nge Reporti

nstruction

Summa

Instructions: Complete this assessment with an existing team or identify a new team. Broad and diverse participation ensures meaningful assessment, successful planning, and implementation. Your team may include school- or community-employed staff and other partners and stakeholders, including youth and families. Please respond to these questions based on the past school year.

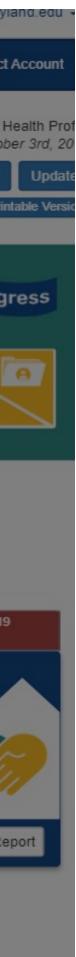
We anticipate most districts will have schools with a range of progress in school mental health, a variety of da collection and reporting strategies, and other characteristics queried on this profile. However, we ask that you your best to respond on behalf of your whole district based on the data you have access to and can estimate.

What if we have difficulty answering a question? If you don't have the data to report, you can skip the question. Also, many teams need to leave some questions blank and come back to them later (you can still proceed and return to update this profile at any time). Further, no team can tackle all parts of their school ment health system at once or in a given school year. This assessment should be used as a quality improvement to to facilitate structured conversations, strategic planning, metric for team reassessment, and to optimize the quality of all aspects of your school mental health system over time.

Download a printable version of the School Mental Health Profile for Districts



istrict						
JEFFEF						
Heal Star Status	Students Served	d and D	ata Sys	stems		
t yet o	To the best of your knowledge, are school? See notes below for further		chool mental he	ealth services a	nd supports in p	place in your
The S	Services and Supports					
Sam is design mental h Quality A Assessm Early Inte	Mental health screening 🚱	Not in place	Available in 1-25% of schools	Available in 26-50% of schools	Available in 51-75% of schools	Available in 76-100% of schools
Your tear Instructio	Tier 1 services and supports	Not in place	Available in 1-25% of schools	Available in 26-50% of schools	Available in 51-75% of schools	Available in 76-100% of schools
Current Repo Change Repo	Tier 2 services and supports	Not in place	Available in 1-25% of schools	Available in 26-50% of schools	Available in 51-75% of schools	Available in 76-100% of schools
Last complete Completed by	Tier 3 services and supports	Not in place	Available in 1-25% of schools	Available in 26-50% of schools	Available in 51-75% of schools	Available in 76-100% of schools
Teaming	Evidence-based practices and programs (as identified in national evidence-based registries)	Not in place	Available in 1-25% of schools	Available in 26-50% of schools	Available in 51-75% of schools	Available in 76-100% of schools
	Community partnerships to augment school mental health services and supports provided by the school system	Not in place	Available in 1-25% of schools	Available in 26-50% of schools	Available in 51-75% of schools	Available in 76-100% of schools
Take Surv	Quality improvement process to understand and improve the comprehensive school mental	Not in place	Available in 1-25% of schools	Available in 26-50% of schools	Available in 51-75% of schools	Available in 76-100% of schools



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School Mental Health Profile

Overview

School Mental Health Profile

Mental Health Quality

Resources

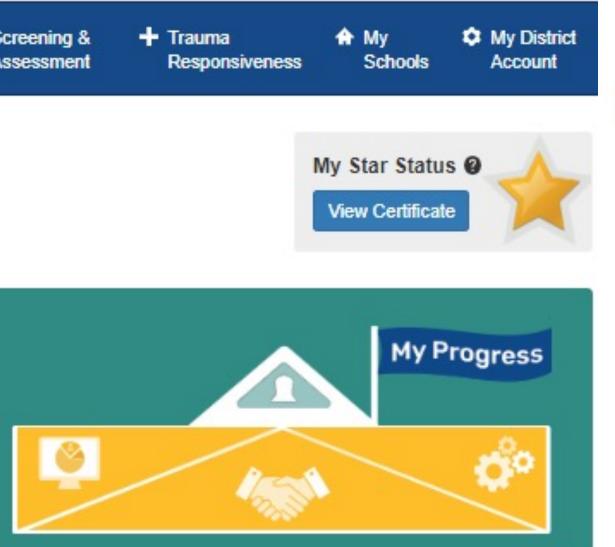
 Screening & Assessment

JEFFERSON UNITED

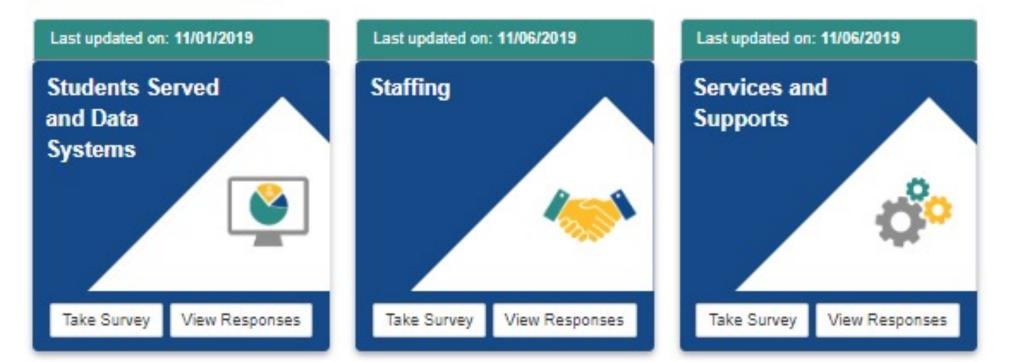
The School Mental Health Profile

collects information related to multi-tiered services and supports, staffing, financing, and data systems based on your district's school mental health system. Your responses will contribute to the National School Mental Health Census, an effort to capture the status of school mental health nationally.

Instructions | Printable Version | Sample Report



Summary Report





Indicate which of the following data points your District collected last year and how those data were used. (SMH = school mental health)

	Did you collect it last year?		t How was it used? (select all that apply)					
Data point	Yes	No	ldentify students for mental health risk	Match/triage students to SMH service delivery	Track individual student progress in SMH interventions	Monitor/ evaluate SMH system outcomes	Was collected used for SMH last yea	
Attendance/ Chronic Absences								
Academic Achievement (Grades, standardized testing)								
Office discipline referrals								
Out of school suspensions								
School climate/safety								
Other (please describe):								
Other (please describe):								

Does your district have an electronic data system to identify the number of students receiving mental health early intervention (Tier 2) and/or treatment (Tier 3) services and supports? (yes /no)

If yes, please describe the system your district used.





Reports

SHOPE

SHTPE

School District Mental Health Profile JEFFERSON UNITED

Last Updated: October 3rd, 2019

Download as PDF

Understanding this Summary

This report is generated based on the information you provided for your School District Mental Health Profile.

This profile provides a snapshot of the structure and operations of your school district's comprehensive school mental health system.

Number of schools in your district: 10

Number of students in grades K-12:

10,000

About Your School District Mental Health Report

Congratulations! Your district's team has been counted in the National School Mental Health Census and achieved Bronze SHAPE recognition for completing the School Mental Health Profile. Complete the National School Mental Health Performance Measures on SHAPE (the Quality Assessments) to achieve Silver and Gold SHAPE Recognition.

Schools and districts who register with SHAPE aspire toward having strong school-community-family partnerships that provide a multi-tiered continuum of evidence-based mental health services to support students, families, and the school community.



This profile was developed by the Center for School Mental Health for The SHAPE System. Page 1 of 6



Students Served and Data Systems
JEFFERSON UNITED

Last Updated: October 3rd, 2019

Services and	Availability						
Supports	Not in place	1-25% of schools	26-50% of schools	51-75% of schools	76-100% of schools		
Mental health screening	~						
Tier 1 services and supports					~		
Tier 2 services and supports		~					
Tier 3 services and supports			~				
Evidence-based practices and programs			~				
Community partnerships		~					



This profile was developed by the Center for School Mental Health for The SHAPE System. Page 2 of 6



Quality Assessment

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The School Mental Health Quality Assessment is designed for teams to assess the comprehensiveness of their school mental health system and to identify priority areas for improvement. The Quality Assessment is comprised of seven domains (Teaming, Needs Assessment/Resource Mapping, Screening, Mental Health Promotion, Early Intervention and Treatment, Funding and Sustainability, Impact).

Instructions Printable Version Sample Reports

od: September 2018 - June 2019 Current Reporting Change Report riod 🕑 Summary Report











UNIVERSITY of MARYLAND SCHOOL OF MEDICINE Updating your Reporting Period

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Instructions Printable Version Sample Report

Current Reporting Period: June 2019 - May 2020 Change Reporting Period 3

Summary Report





Reporting Period

On choosing a Reporting Period:

- If completing annually, this may be most recent school year (e.g., July 2019 through June) 2020).
- · If completing for a different time period, indicate a preferred start and end date (e.g. September 2020 through January 2021).
- · Please remember to update the reporting period if you are entering new data for a new reporting period.

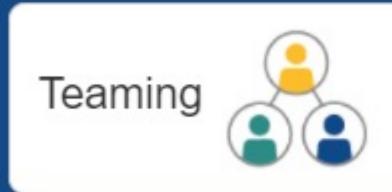
Starting month	Ending month	
06/2019	05/2020	Save

Existing Reporting Periods:

×



Introduction Slide



School districts are in the position of ensuring that school mental health efforts are appropriately staffed and supported by multidisciplinary teams that have effective communication and collaboration practices. Many schools have teams that meet to discuss and strategize about student mental health issues. Schools may have one team devoted to the full continuum of mental health supports (mental health promotion to early intervention and treatment) or they may have multiple teams that address different parts of the continuum (e.g., school climate team, student support team, Individualized Education Program team, intervention/tertiary care team, Tier 2/3 team, any other team that addresses student mental health concerns). School teams should involve students, families, staff, and community partners that represent diverse cultural identities and backgrounds including diversity of age, disability, ethnicity, gender identity and expression, language, national origin, race, religion, sexual orientation, sex, socioeconomic status. All school teams should prioritize trauma-informed approaches and cultural responsiveness, anti-racism, and equity as they relate to the team's mission, goals, and deliverables.



Next

UNIVERSITY of MARYLAND School of Medicine

Teaming					
To what extent did schools Never	s in your district use best p Rarely	oractices to ensure their sch Sometimes	ool mental health tea Often	m is multidisciplinary and diver	rse? * Always
 Ensure that represent 	ntatives of different groups	regularly attend and have	an active and equitab	le voice in team meetings and	decision-making





Teaming

- Have multidisciplinary team
- Use best practices for meetings, role delineation, and data sharing
- Avoid duplication and promote efficiency
- Make mental health referrals to school-based and community-based services
- Meaningfully involve youth and families
- Facilitate effective school-community partnerships
- Address each tier of the multi-tiered system of support
- Use data to determine service needs

Mental Health Promotion Services & Supports

- Allocate time for staff to deliver needed Tier 1 evidence-informed services
- Determine evidence to support Tier 1 services
- Ensure Tier 1 services match unique school considerations
- Support training and monitor fidelity for Tier 1 services
- Assess and improve school climate and staff well-being
- Determine and implement school-wide positive behavior expectations
- Reduce exclusionary discipline practices
- Proactively build healthy relationships and community
- Promote mental health literacy
- Support social & emotional learning

Screening

 Screen for student distress and well-being to identify and refer students for additional supports.

Funding and Sustainability

- Use multiple and diverse funding and resources
- Leverage funding and resources to attract potential contributors
- Have strategies to retain staff







Needs Assessment/ Resource Mapping



- Assess student mental health needs
- Assess student mental health strengths
- Use needs assessment to determine appropriate services and supports
- Conduct or access current resource mapping
- Use current resource map to inform decisions about services and supports
- Align existing mental health services and supports
- TIER 1

Early Intervention and TIER 283 **Treatment Services & Supports**

- Determine evidence to support Tiers 2 & 3 services
- Ensure Tiers 2 & 3 services match unique school considerations
- Support training for Tiers 2 & 3 services
- Monitor fidelity of Tiers 2 & 3 services
- Monitor individual student progress across tiers
- Implement systematic protocol for crisis response
- Create SMART intervention goals
- Place staff with allocated time to deliver needed Tier 2 evidence-informed services
- Place staff with allocated time to deliver needed Tier 3 evidence-informed services

Impact



(A)

- Document and report the impact of your comprehensive school mental health system on educational, social/emotional/behavioral and services outcomes to a wide range of stakeholders
- Maximize expertise and resources of all stakeholders
- Monitor federal, state, and local policies that impact funding
- Support funding and resources at each tier
- Maximize opportunities to bill for eligible services

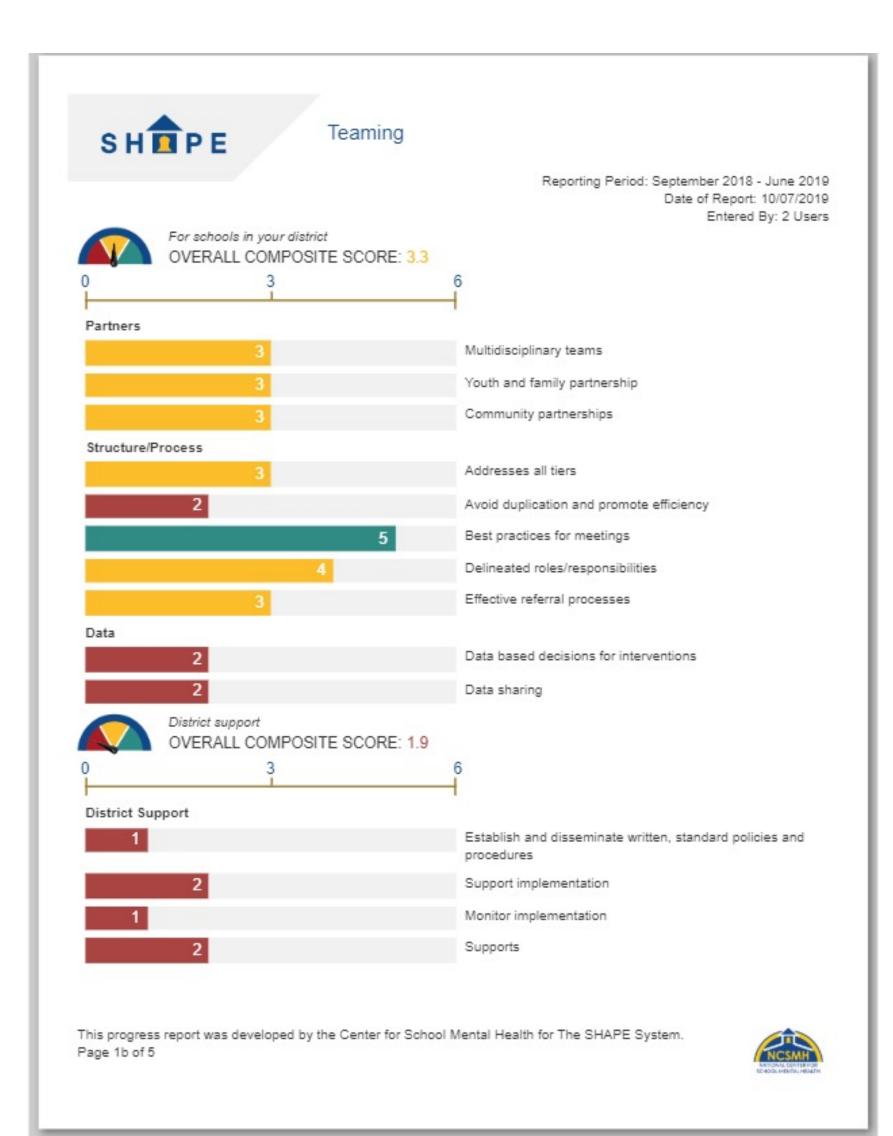




Domain Reports









Strategic Planning Guide



complete this with your team.

Please state a specific goal within this domain. (For example, for the Teaming domain, one goal might be that the school mental health team will better collect and use data to identify students who need mental health support.)

GOAL:

How will you know if you've achieved success within this goal? (For example, for the Teaming domain and your goal is to better collect and use data to identify students who need mental health support, one way of measuring success might be that by the next academic school year, the school mental health team will review student mental health screening data for the entire student body twice per year to identify students in need of services and make a plan for meeting those needs.)

INDICATOR OF SUCCESS:

What opportunities exist related to this goal?

- What have been our past successes?

What barriers exist related to this goal?

- What would prevent us from moving forward with this goal?

Page 2 of 5



Strategic Planning Guide

The following pages can be used as tool to plan your next steps for this domain. We encourage you to

What current work is taking place related to this goal?

What are our available resources (leadership, infrastructure, staffing, partnerships)?

What would we need to overcome this/these barrier(s)?





Monitor Progress

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The School Mental Health Quality Assessment

is designed for teams to assess the comprehensiveness of their school mental health system and to identify priority areas for improvement. The Quality Assessment is comprised of seven domains (Teaming, Needs Assessment/Resource Mapping, Screening, Mental Health Promotion, Early Intervention and Treatment, Funding and Sustainability, Impact). Your team will receive custom reports as you complete each domain. Instructions Printable Version Sample Reports

Current Reporting Period: September 2018 - June 2019 Change Reporting Period @

Summary Report



Last completed on: 09/27/2019 Completed by 1 person.				
Early Interve and Treatmen Services & Supports		FS		
Take Survey	View Report			









JEFFERSON UNITED

The School Mental Health Quality Assessment

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Current Reporting Period: September 2018 - June 2019 Change Reporting Period @

Summary Report

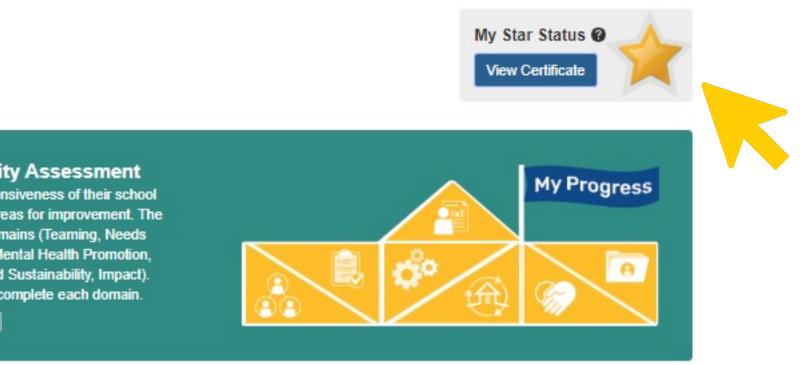


View Report

Services & Supports View Report Take Survey Take Survey



"My Star Status"



View Report

Take Survey



Star Recognition

<image><section-header><section-header><section-header><section-header><section-header><section-header><section-header>

Presented by: On this day: The National Center for School Mental Health Wednesday, November 20th, 2019







Download as PDI

has hereby completed the School Mental Health Profile and at least one domain of the School Mental Health Quality Assessment.

Presented by:The National Center for School Mental HealthOn this day:Wednesday, November 20th, 2019





Download as PDF

SHAPE RECOGNITION

ESSEX AGRICULTURAL AND TECHNICAL INSTITUTE



JEFFERSON UNITED

has hereby completed the School Mental Health Profile and all domains of the School Mental Health Quality Assessment.

Presented by:

On this day:

The National Center for School Mental Health Wednesday, November 20th, 2019









Quality Assessment Summary Report

JEFFERSON UNITED

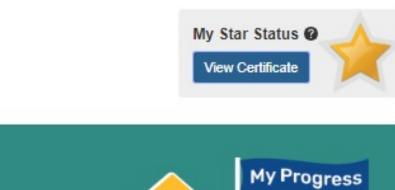
The School Mental Health Quality Assessment is designed for teams to assess the comprehensiveness of their school mental health system and to identify priority areas for improvement. The Quality Assessment is comprised of seven domains (Teaming, Needs Assessment/Resource Mapping, Screening, Mental Health Promotion, Early Intervention and Treatment, Funding and Sustainability, Impact). Your team will receive custom reports as you complete each domain.

Instructions | Printable Version | Sample Reports

Current Reporting Period: September 2018 - June 2019 Change Reporting Period @







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Summary Report and Strategic Planning Guide

SHIPE

Understanding this Summary

This report is generated based on the information you provided for the trauma survey. The composite score for each domain is the average of your ratings for every item within the domain.

Composite scores of 1.0-2.9 are classified as "Emerging" areas, 3.0-4.9 are classified as "Progressing" areas, and 5.0-6.0 are classified as areas of "Mastery."

School Mental Health Quality Progress Report Seven Kingdoms High School

Reporting Period: September 2018 - June 2019

MENTAL HEALTH QUALITY DOMAINS MASTERY Composite Score PROGRESSING Composite Score 4.7 Teaming 4.0 Mental Health Promotion Services & Supports Early Intervention and Treatment Services & Supports 4.2 4.4 Funding and Sustainability EMERGING Composite Score 2.7 Needs Assessment/ Resource Mapping 2.3 Impact OTHER PERFORMANCE DOMAINS Overall Score 50% Screening * indicates data were not reported

This progress report was developed by the Center for School Mental Health for The SHAPE System. Page 1 of 13



Download as PDF

Date of Report: 10/09/2019 Entered By: 1 User



Strategic Planning Guide

Thank you for completing the School Mental Health Quality Assessment. We encourage you to meet with your school mental health team, review your scores on each performance domain provided in this report, and engage in a strategic planning process to improve your school mental health.

Mental Health Quality Guides are available in the Resource Center for each performance domain with action steps and resources to guide improvement. Consider using these materials and this Strategic Planning Guide to create a strategic plan for improving your team's performance in one or more areas.

List the domain(s) on which you scored the lowest (Emerging and Progressing) and evaluate your system's capacity and motivation to implement change in each domain.

Domain	Need for change (1-10) 1=no need 10=great need	Desire for change (1-10) 1=no desire 10=great desire	Resources to achieve change (1-10) 1=no resources 10=many resources	Barriers to change (1-10) 1=no barriers 10=many barriers
1.				
2.				
3.				

Select one domain from the list above that your team wants to improve.

DOMAIN:

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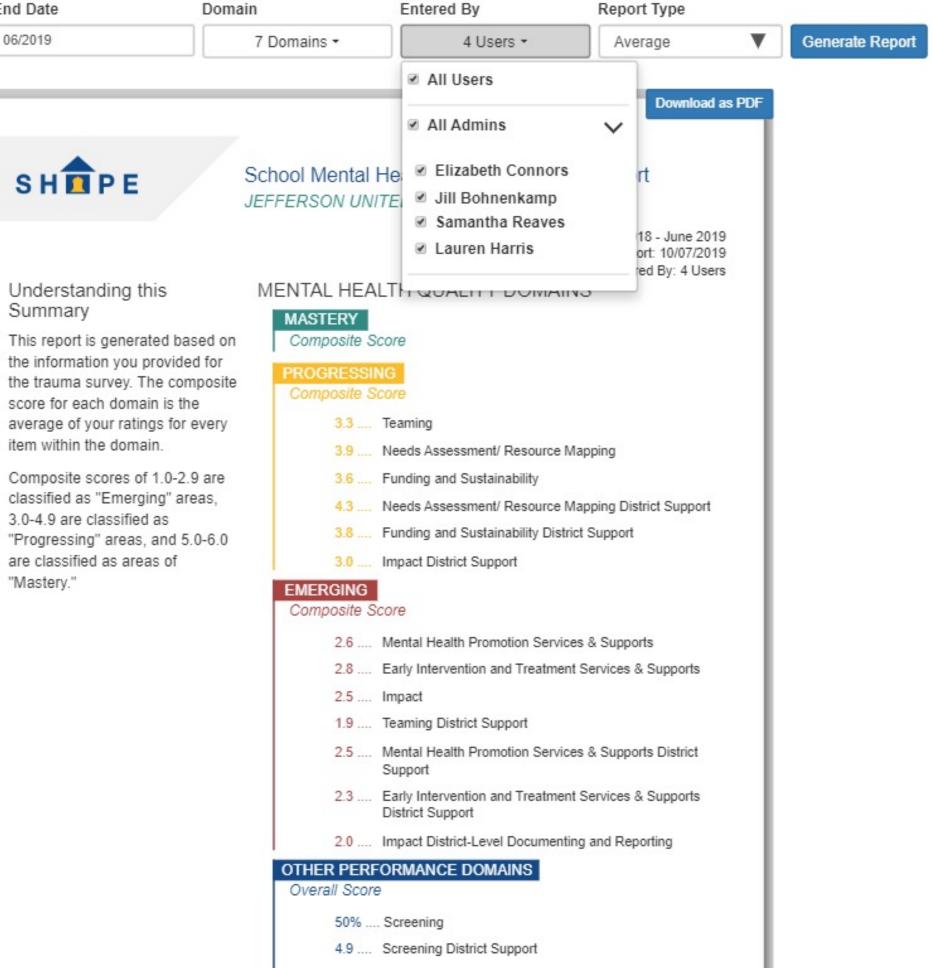






Customize Reports

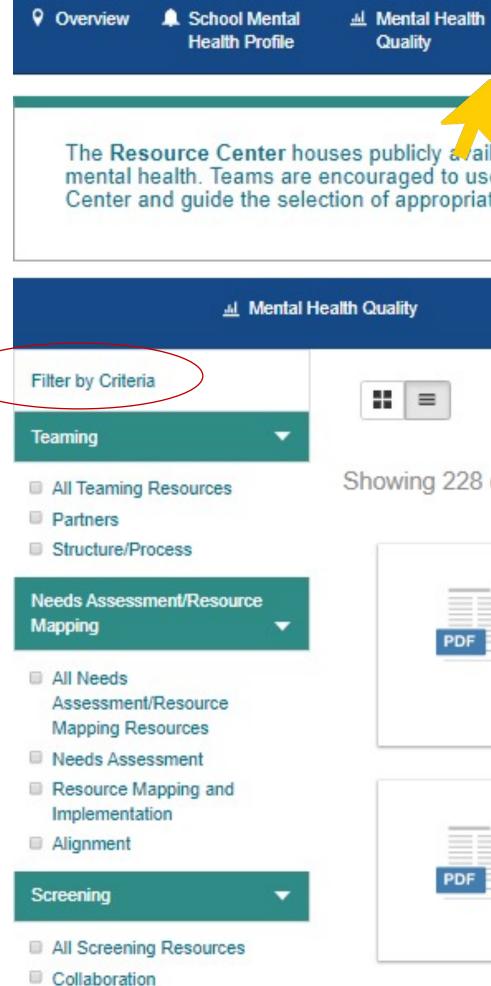
Start Date	End Date	
09/2018	06/2019	







Resource Library





1	Resources	 Screening & Assessment 	Trauma Responsiveness	✿ My Schools	My District Account
se			components of com y Assessment to nav		
			🕂 Trauma Responsi	iveness	
				Search	Q
0	f 228 resourc	es.		Per pa	ige: 25 🔻
			to Reduce Disparities nan Services and Beh		
					<
-		vork for Effectivel and Practices (E	y Implementing Evide EBPs)	ence-Based	<



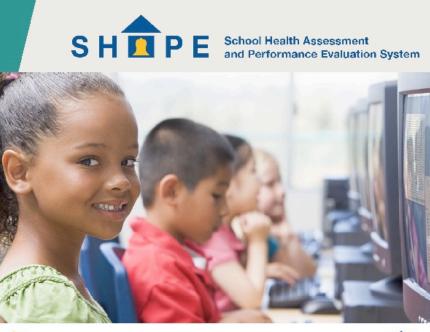
Provides guidance to advance school mental health quality and sustainability

Includes:

- Background
- Best practices
- Action steps
- Examples from the field
- Resources



Screening









UNIVERSITY & MARYLAND SCHOOL OF MEDICINE

Quality Guides

Teaming



School Mental Health Quality Guide

Needs Assessment & **Resource Mapping**

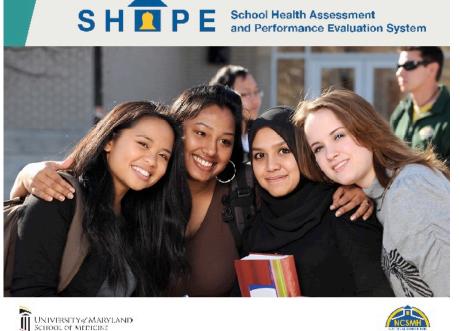
SHOPE School Health Assessment and Performance Evaluation Syste



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School Mental Health Quality Guide

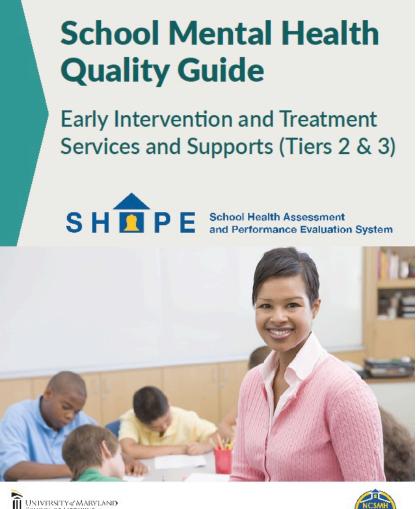
Mental Health Promotion Services & Supports (Tier 1)



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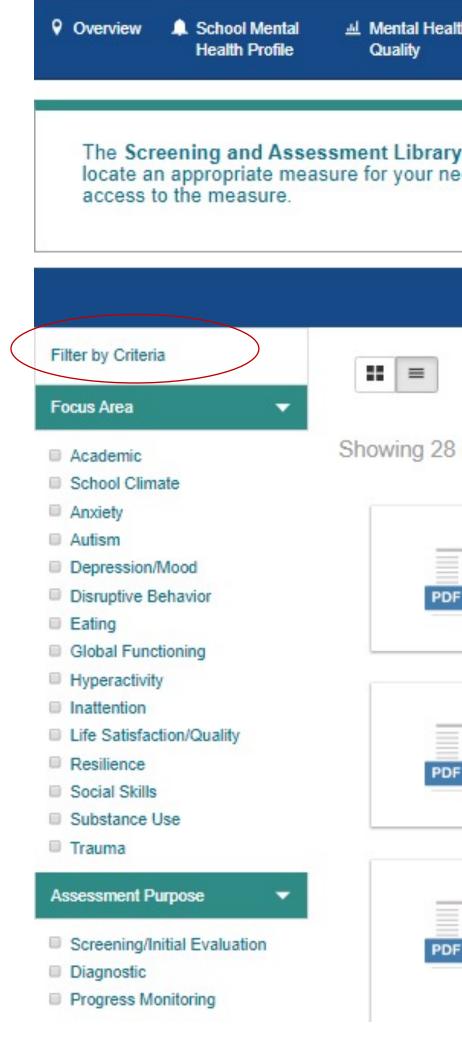
Quality Guide



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Screening and Assessment Library

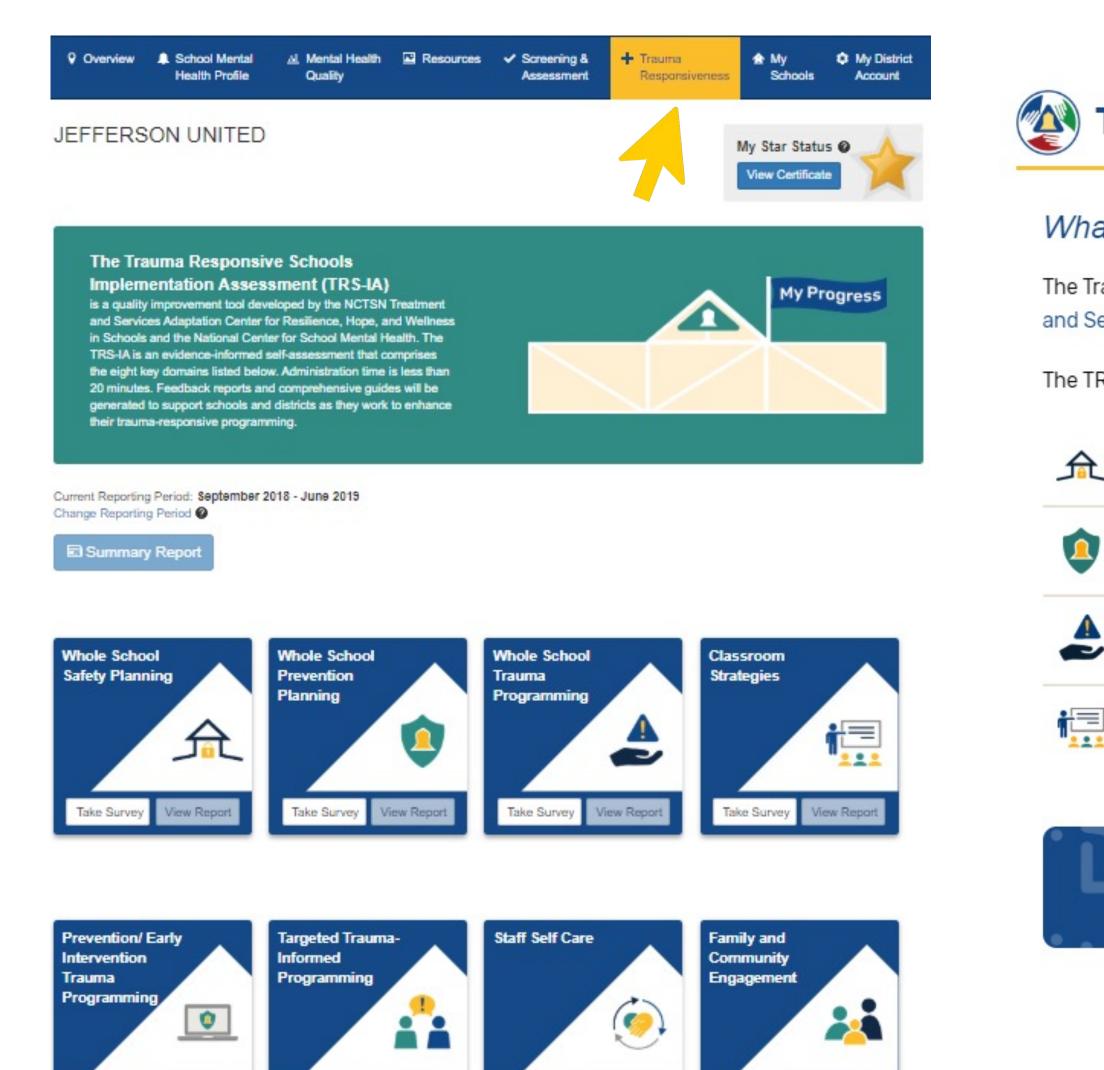




th	Resources	 Screening & Assessment 	Trauma Responsiveness	♠ My Schools		Ay District Account
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	CAGE So	creen			V	
	Center fo Children	r Epidemiological (CES-DC)	Studies Depression \$	Scale for	<	

UNIVERSITY of MARYLAND School of Medicine

Trauma Responsiveness



Take Survey

View Repor

/iew Repor

Take Survey

View Report

Take Survey

View Repo



Trauma Responsive Schools

What is the TRS-IA?

The Trauma Responsive Schools Implementation Assessment (TRS-IA) is a quality improvement tool developed by the NCTSN Treatment and Services Adaptation Center for Resilience, Hope, and Wellness in Schools and the National Center for School Mental Health.

The TRS-IA is an evidence-informed self-assessment that comprises eight key domains of trauma-responsive schools and districts:

Whole school safety planning	Prevention/early intervention trauma programming
Whole school prevention planning	Targeted trauma-informed programming
Whole school trauma programming	Staff self-care
Classroom strategies	Family and community engagement

Administration time is less than 20 minutes. Automatically generated feedback reports support schools and districts working to enhance their trauma responsiveness.





"My Schools" Tab

9 Overview

School Mental Health Profile

Mental Health Quality

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SMH-QA Districtwide Report ?

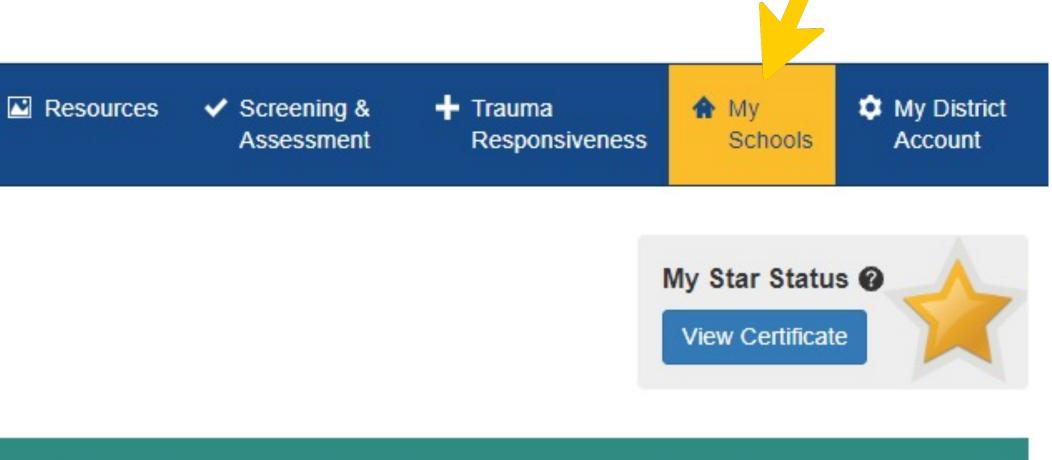
TRS-IA Districtwide Report

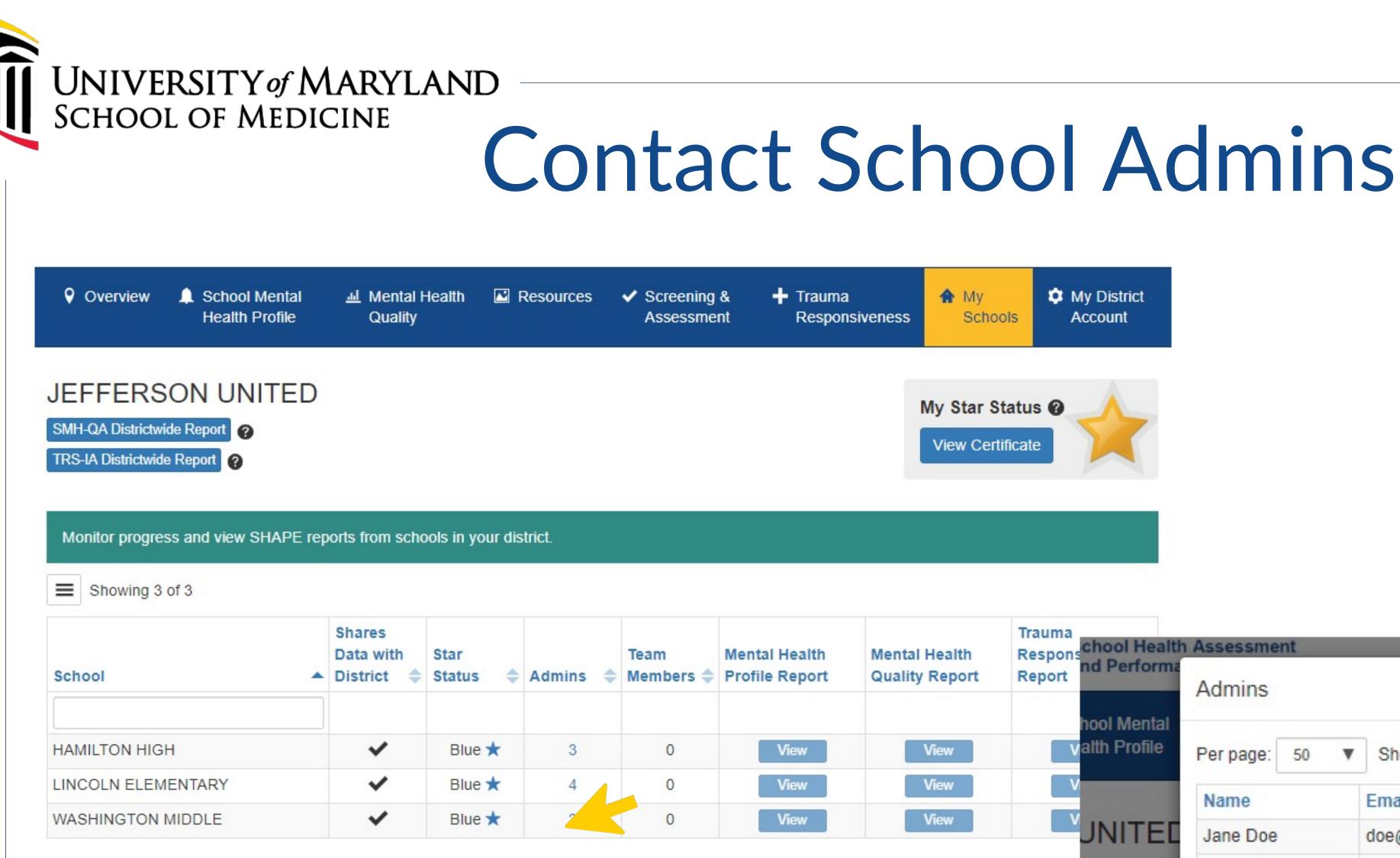
Monitor progress and view SHAPE reports from schools in your district.

■ Showing 3 of 3

School	Shares Data with District 🗢	Star Status 🔶	Admins 🔷	Team Members 🖨	Mental Health Profile Report	Mental Health Quality Report	Trauma Responsiveness Report
HAMILTON HIGH	~	Blue ★	3	0	View	View	View
LINCOLN ELEMENTARY	~	Blue ★	4	0	View	View	View
WASHINGTON MIDDLE	~	Blue ★	3	0	View	View	View

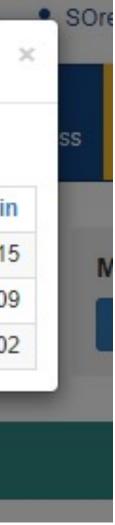






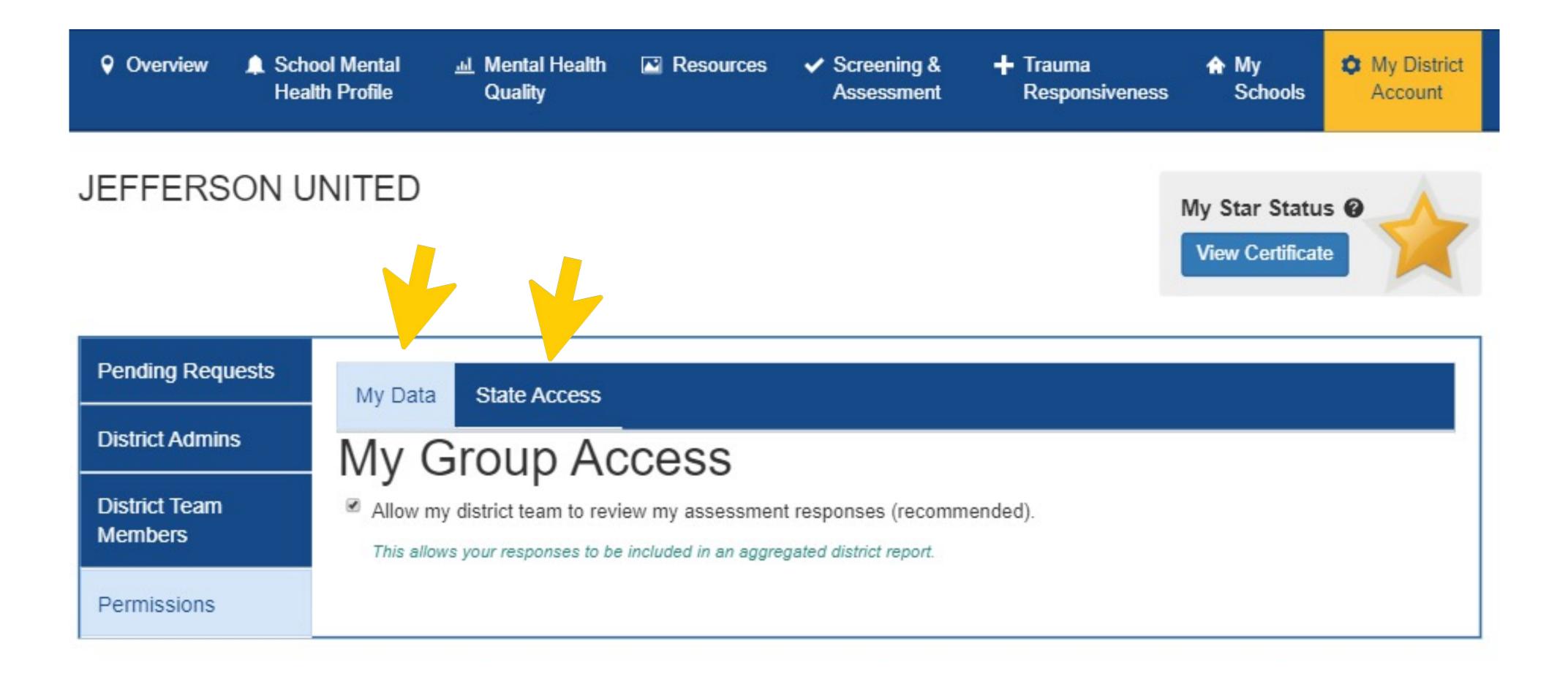


Mental Health Quality Report	Trauma Respons nd Performa	Assessment	Home Abo	utlic M	ly Account
View	hool Mental valth Profile	Per page: 50 🔻	Showing 3 of 3 rows		
View	V	Name	Email	Position	Last Login
View	JNITEE	Jane Doe	doe@jane.com		2019-08-15
	1 0	Elizabeth Connors	Elizabeth.connors@yale.edu		2020-01-09
	0	Perrin Robinson	probinso@som.umaryland.edu		2020-01-02
	iew SHAPE re	eports from schools in	your district.		





Account Administration







Add New Team Members and Admins

JEFFERSON UNITED



Pending Requests

Add District Admin

District Admins

District Team

Permissions

Members

Showing 11 of 11

1	Actions	Name	Email 🗢	Title 🗢	Receiv Notific
		Brittany Patterson	bpatterson@som.umaryland.edu		
		Elizabeth Connors	Elizabeth.connors@yale.edu		
		Jane Doe	doe@jane.com		
	1	Jill Bohnenkamp	jbohnenk@psych.umaryland.edu		
	1	Lauren Harris	harris@3cisd.com	Content Editor	



		pol Health Performa	Add New District Admin
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		VITEC	First Name: *
			Last Name: *
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Elizabeth Connora





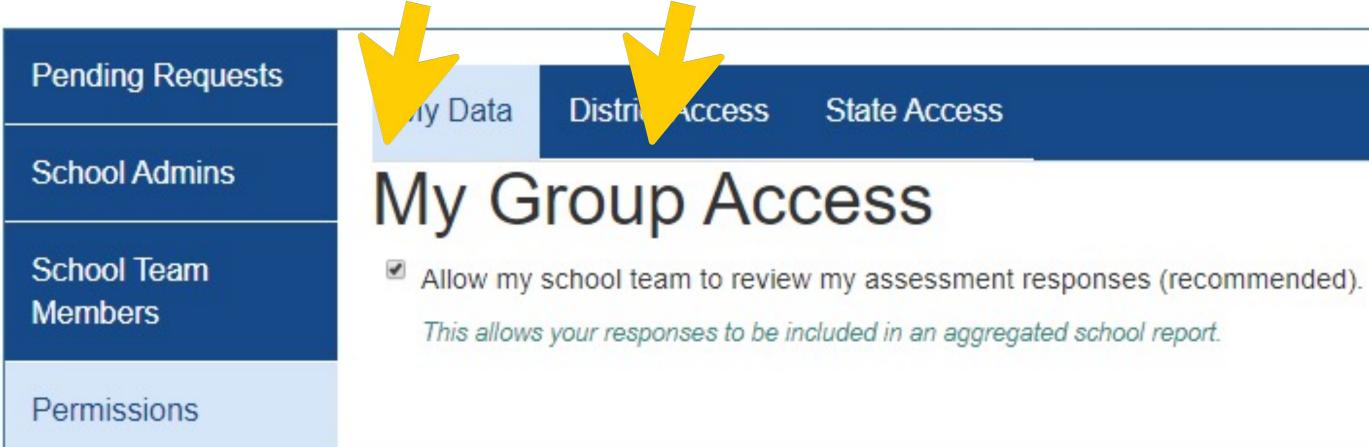
Account Administration

• Overview

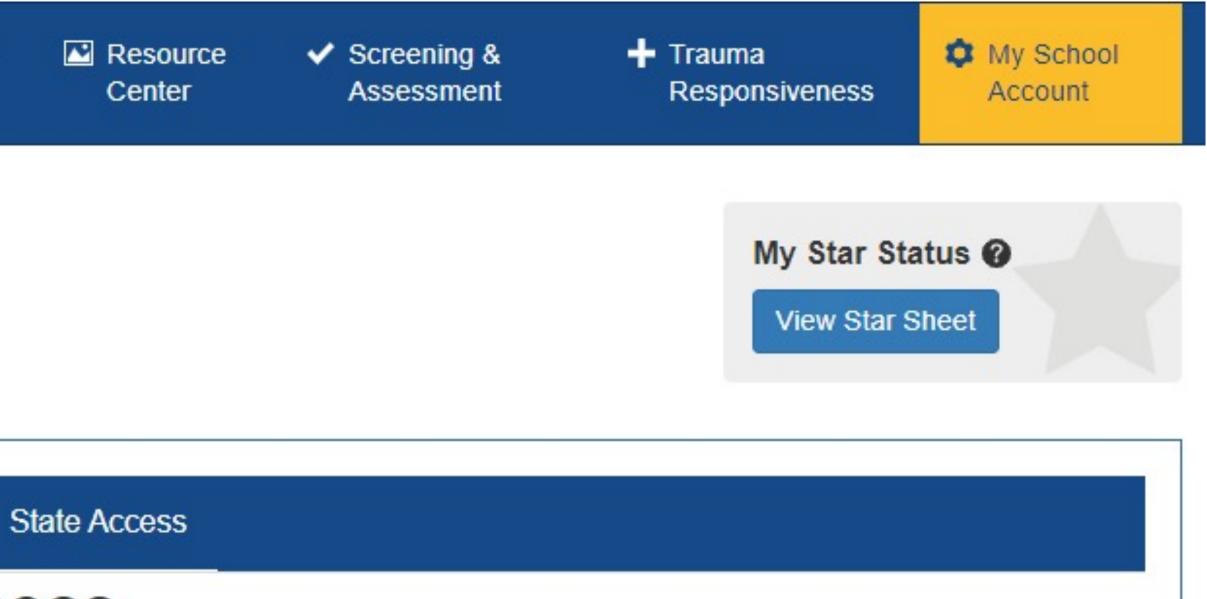
School Mental **Health Profile**

Mental Health Quality

DAVIS ELEMENTARY SCHOOL









Contact Us

Have a question or feedback? Would you like a demonstration? Use the dropdown menu to choose a topic and enter your question/comment in the text box.

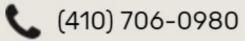
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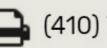


Questions?



National Center for School Mental Health University of Maryland School of Medicine 737 West Lombard Street, 4th Floor Baltimore, MD 21201





(410) 706-0984



ncsmh@som.umaryland.edu

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Live Demonstration







Question & Answer







www.schoolmentalhealth.org

www.theshapesystem.com

facebook.com/centerforschoolmentalhealth

@NCSMHtweets
@dreconnors

Elizabeth Connors, PhD elizabeth.connors@yale.edu

Connect

Introductions

Lisa Howard

MTSS Coach

Del Norte County Office of Education/ Del Norte Unified School District

Nick LaFazio

Special Education Program Specialist

Del Norte County Office of Education/ Del Norte Unified School District







Del Norte County is a rural community along the northwestern California coastline that borders Oregon. Del Norte has high ACE scores and poor CHKS data and establishes a need for mental health support to be present at all tiers in our schools.

- Mental Health/SEL Grant Alignment



Our Story

Identified local resources that support mental health

Local data showed needs increased as a result of COVID



Snapshot of Del Norte

In School Mental Health:

- Counselors
- Small Group counseling
- Telehealth
- NAMI
- School psychologists
- Therapists on site

Student 51/50s from Sept-April:

2020-2021 = 11 2021-2022 = 17



New Mental Health Possibilities

Mental Health Grants	2022-23	2023-2				
	CALHOPE					
	SBHIP					
CALWELL						
Ме	ntal Health DE	EMONSTR				
		MHSO				
		Mental H				

Layering, Braiding, Blending





Districtwide establish a common vision, goals and objectives specific to mental health.

Schools include mental health as part of their SPSAs.

Staff, Students and Families benefit from a plan that clearly explains how mental health will be supported in schools.







MH/SEL Committee

7 Multidisciplinary Staff from COE



Completed the SHAPE assessment:

Director of Foster/Homeless Title VI Coordinator EL Coordinator Hmong Liaison Climate Coach Behavior Coach MTSS Coordinator



School Mental Health Quality Progress Report DEL NORTE COUNTY UNIFIED

Reporting Period: August 2020 - February 2021 Date of Report: 11/12/2021 Entered By: 2 Users

Understanding this Summary

This report is generated based on the information you provided for the Quality Assessment. The composite score for each domain is the average of your ratings for every item within the domain.

Composite scores of 1.0-2.9 are classified as "Emerging" areas, 3.0-4.9 are classified as "Progressing" areas, and 5.0-6.0 are classified as areas of "Mastery."

MENTAL HEALTH QUALITY DOMAINS

MASTERY

Composite Score

PROGRESSING Composite Score

EMERGING

Composite Score

- 2.1 Teaming
- 1.5 Needs Assessment/ Resource Mapping
- 2.1 Mental Health Promotion Services & Supports
- 1.8 Early Intervention and Treatment Services & Supports
- 1.6 Funding and Sustainability
- Impact 1
- District Implementation Support Quality 1.6
- Impact District-Level Documenting and Reporting 1

OTHER PERFORMANCE DOMAINS

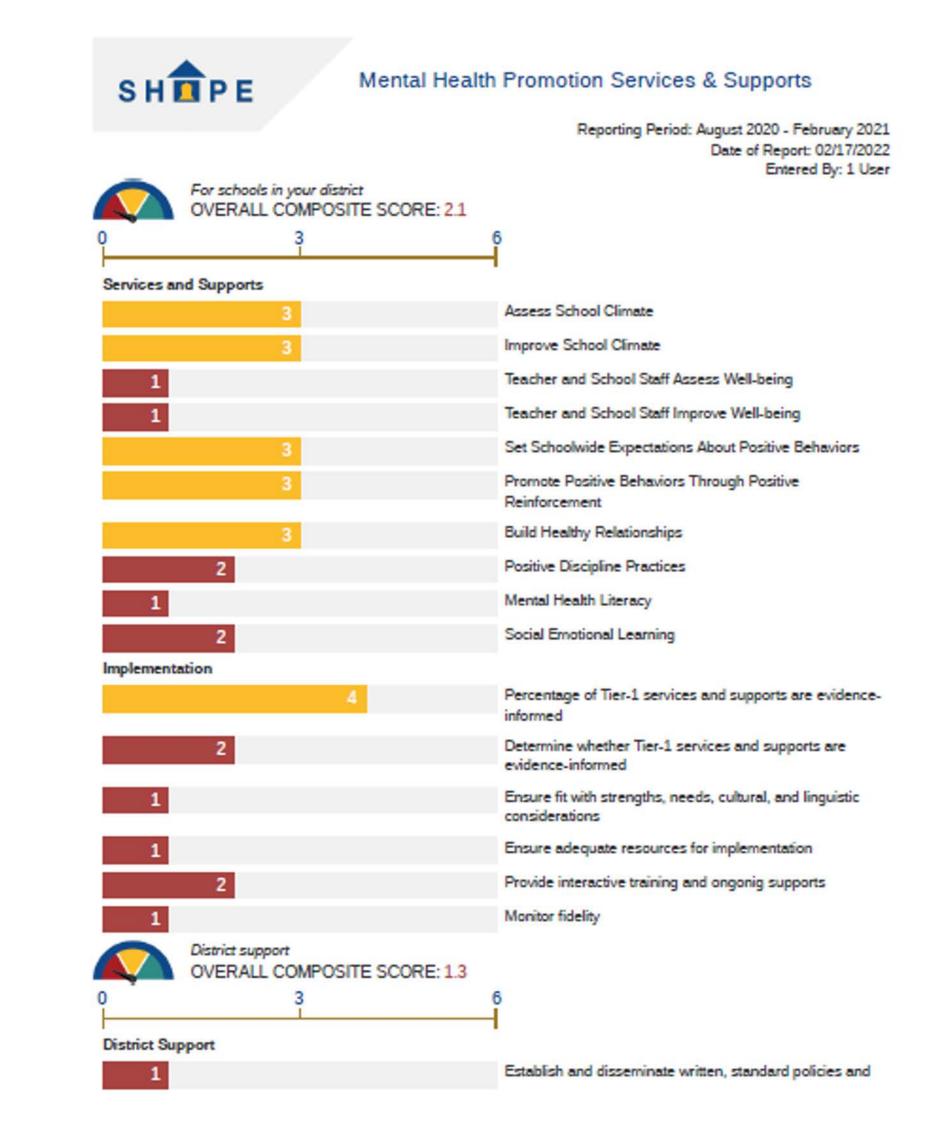
Overall Score

93% Screening

* indicates data were not reported



Data





Next Steps

Expanded Committee to incorporate all 12 schools and more perspectives:



Principals Counselors LCSW/Counselor School Psychologist Sped and EL Teachers

Strategic Planning Guide

Straight Forward Process





The following pages can be used as tool to plan your next steps for this domain. We encourage you to complete this with your team.

Please state a specific goal within this domain. (For example, for the Teaming domain, one goal might be that the school mental health team will better collect and use data to identify students who need mental health support.)

GOAL:

How will you know if you've achieved success within this goal? (For example, for the Teaming domain and your goal is to better collect and use data to identify students who need mental health support, one way of measuring success might be that by the next academic school year, the school mental health team will review student mental health screening data for the entire student body twice per year to identify students in need of services and make a plan for meeting those needs.)

INDICATOR OF SUCCESS:

What opportunities exist related to this goal?

- What have been our past successes?
- What current work is taking place related to this goal?
- What are our available resources (leadership, infrastructure, staffing, partnerships)?

What barriers exist related to this goal?

- What would prevent us from moving forward with this goal?
- What would we need to overcome this/these barrier(s)?



Who else needs to be Included in the Strategic Planning Process?



Student VOICE

- Feedback Sessions
- Surveys



Outside Agencies

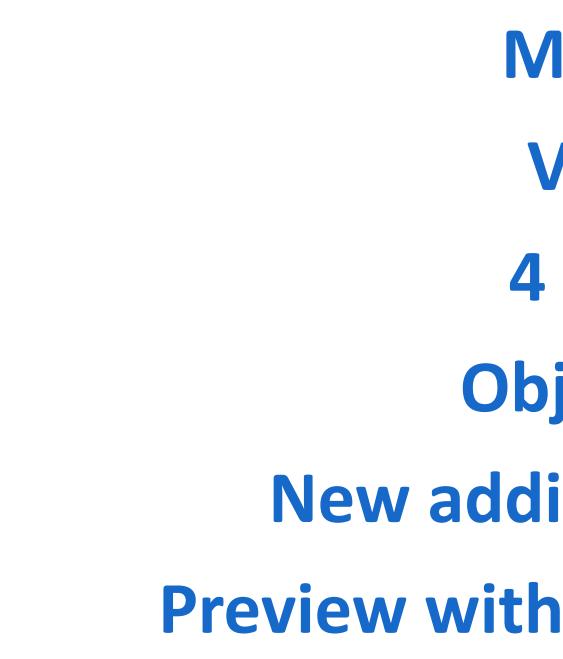
Parent VOICE

Board Study Session & Review





Where We Are Currently



- Mission
 - Vision
- 4 Goals
- Objectives
- New additions to team
- **Preview with Cop & Principals**



Where We Are Headed

Nonprofits

Together!

School Board County Board of Supervisors Sovereign Tribes State

Aligning the Arrows of our Work





Thank you for joining us.



