



UC SANTA BARBARA

Boredom: Data-informed Practical Implications for Educators



A Few Helpful Tips for Using the Zoom Platform

Your microphone will be muted, and your video will be off throughout the session.

Having trouble with audio?

Confirm that your computer speakers are on and turned up.

To access live transcription, use the "CC Live Transcript" button on your Zoom toolbar.

Please use the "Chat" feature for comments.

Use the "Question and Answer (QA)" feature to send questions to the presenters.

For help with technical issues, email schoolclimate@wested.org.

NOTE: Today's session will be recorded.







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Boredom: Data-informed Practical Implications for Educators



Agenda

- 1. School Boredom Grounding and Context
- 2. Live Demonstration of 360 School Boredom Website
- 3. Upcoming Opportunities
- 4. Closing



Poll

Which of these do you think students experience most frequently in their classrooms on a typical day?

[Answer choices will show up on Zoom]

Welcome



Tom Hanson, PhD Project Director, CalSCHLS WestEd



Setting the Stage: What is CalSCHLS?

California School Climate, Health, and Learning Surveys (CalSCHLS)

Three Surveys

- Student (California Healthy Kids Survey—CHKS)
- Staff (California School Staff Survey—CSSS)
- Parent (California School Parent Survey—CSPS)

Modular Components

- Core module (all participants)
- Supplementary modules (optional)
- Custom modules





Setting the Stage: Grounding and Context

Mental Health and Wellness in the Core Module

Core module	Since 2009	2020–21	2021–22
Chronic sadness/hopelessness	•	•	•
Suicide ideation	•	•	•
Social and emotional distress		•	•
Optimism		•	•
Life satisfaction			•
School boredom			

For more information, check out our previous webinar "What's New? CalSCHLS Update"





Introduction



Michael Furlong, PhD, Research Professor/Distinguished Professor Emeritus of School Psychology at the University of California, Santa Barbara

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Live Demonstration of 360 School Boredom Website





"I am so bored" is a typical student expression made quickly and often (Macklem, 2015). There is no stigma in making this statement, and many students and adults might well say, "Of course, school experiences can be boring." How should







How will Boredom Mindset Profiles be Presented in the CHKS Reports?

CHKS Report

Table A6.12C

Level of School Boredom and Value of School - 11th Grade

		School is really boring (Grade 11)										
		0 Strongly Disagree	1	2	3	4	5	6	7	8	9	Strongly Agree
0	Strongly Disagree 0	Low	Mid-Boredom &			High Boredom &						
ol is worthless and a waste of time	1	Н	High Value			High Value						
	2	21%				28%			22%			
	3								*** **			
	4	Low	Mid-Boredom &			High Boredom &						
	5	Mid-Value [₹]				Mid-Value			Mid-Value			
	6		7%			12%						
	7											
	8	Low Boredom &				Mid-Boredom &			High Boredom &			
School is	9	Low Value [₹]			Low Value [⊼]			Low Value				
S	10 Strongly Agree										8%	

Question HS/MS A.42, 43: How strongly do you agree or disagree with the following statements?... School is really boring... School is worthless and a waste of time.

Notes: Cells are empty if there are less than 10 respondents.

Percentages may not add up to 100% because categories with very low responses are not reported.



Results are not reported due to a very small number of responses.



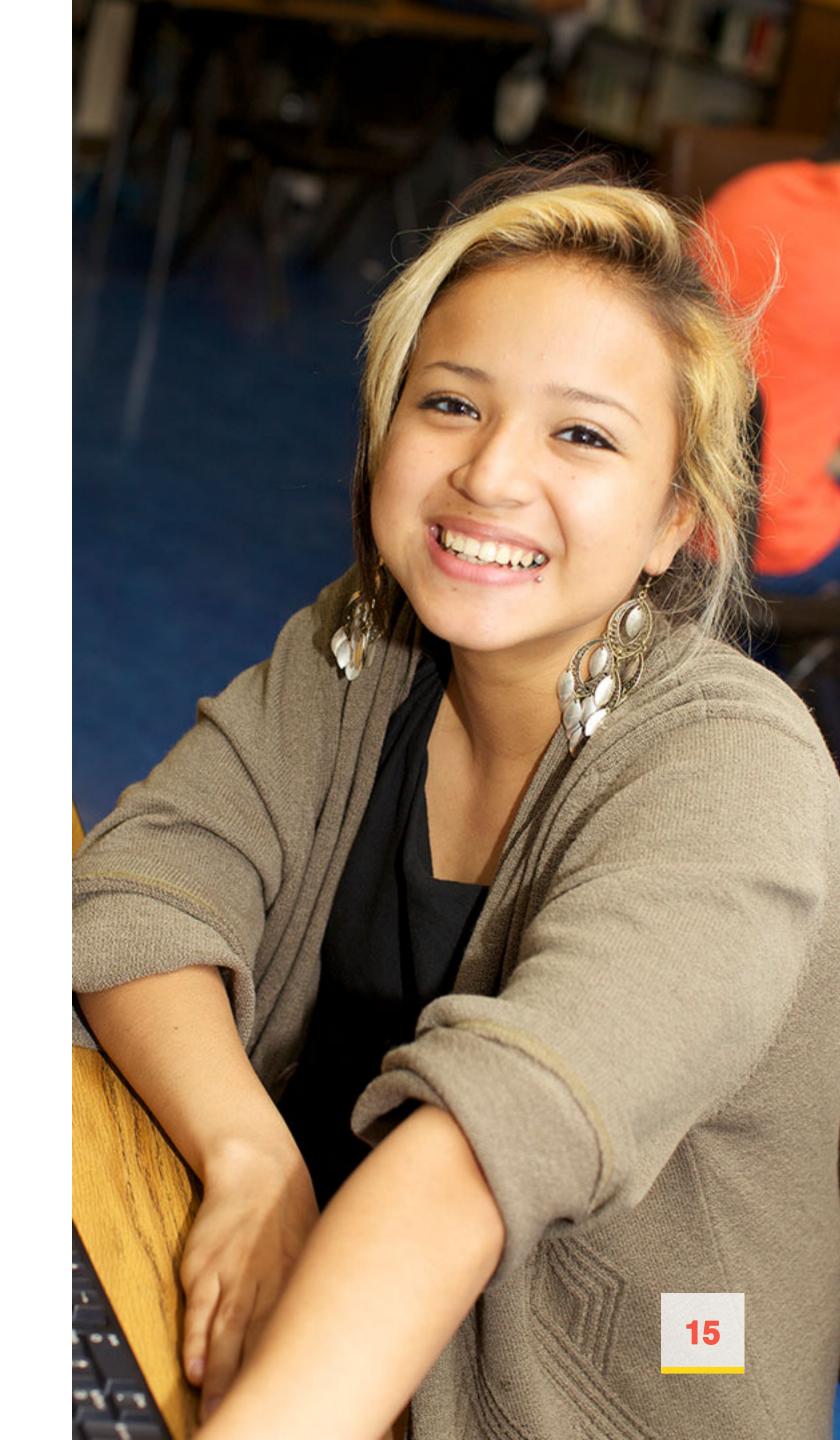
We Welcome Your Feedback

We want to hear from you!

Please fill out the post-session survey







Upcoming CCSC Events

Peer Learning Exchange

Product Deep Dive: Cultivating Caring Relationships

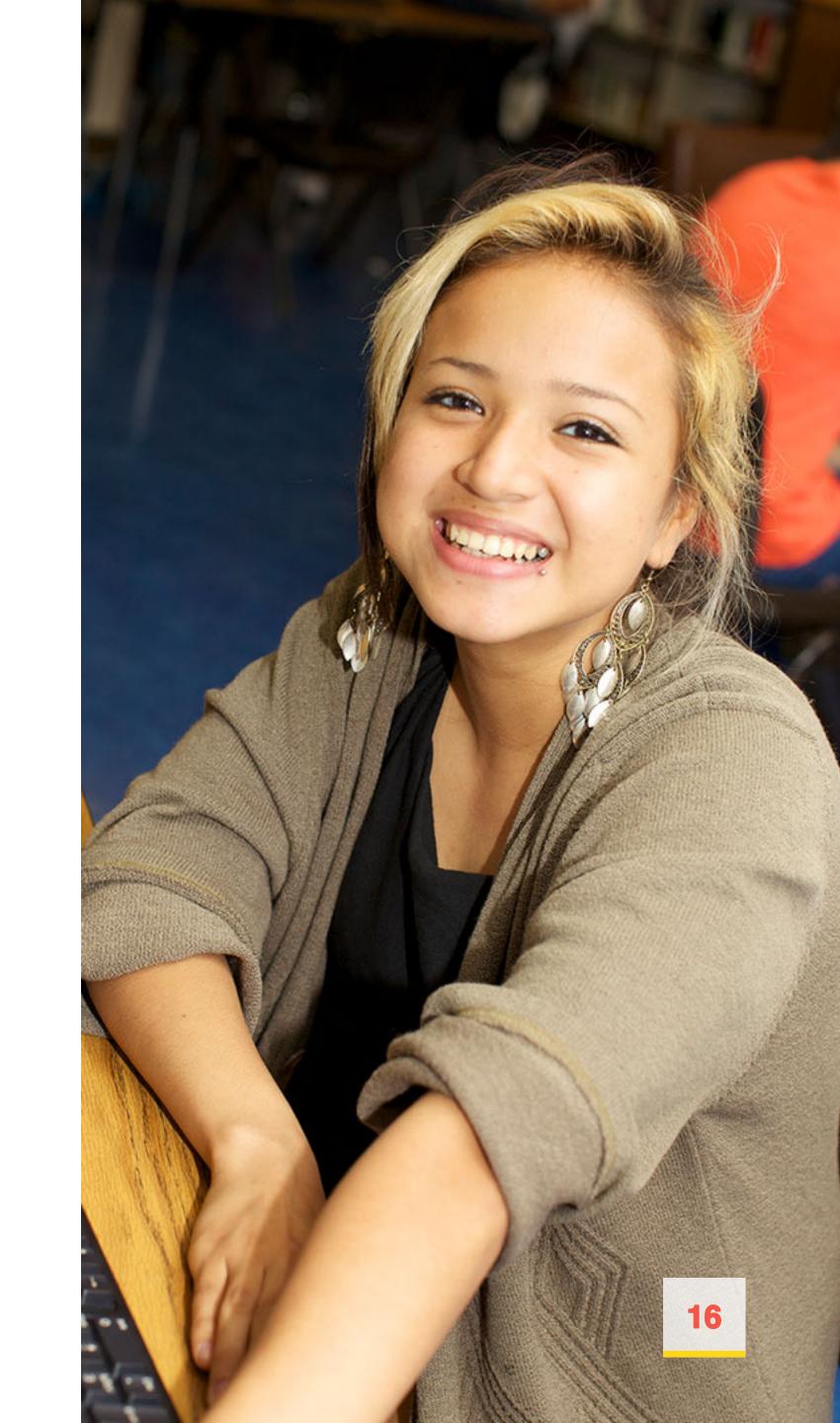
at School: 15 Activities That Promote Staff and

Student Connection

Wednesday, November 16 (3:30 p.m. to 4:30 p.m. PT)

Registration link can be found in the chat and on the CCSC website.







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California Safe and Supportive Schools Newsletter

Email: schoolclimate@wested.org

Website: https://ca-safe-supportive-

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