

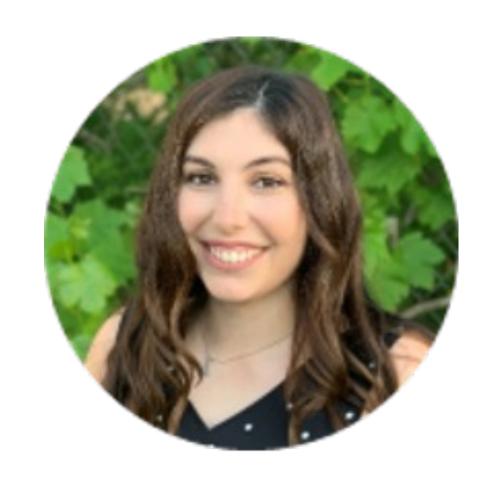
# Peer Learning Exchange Restorative Beliefs in Action

February 15, 2023

## Welcome



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# Peer Learning Exchanges

#### GOAL:

Provide space and opportunity for educators across California to connect and share school climate best practices and insights

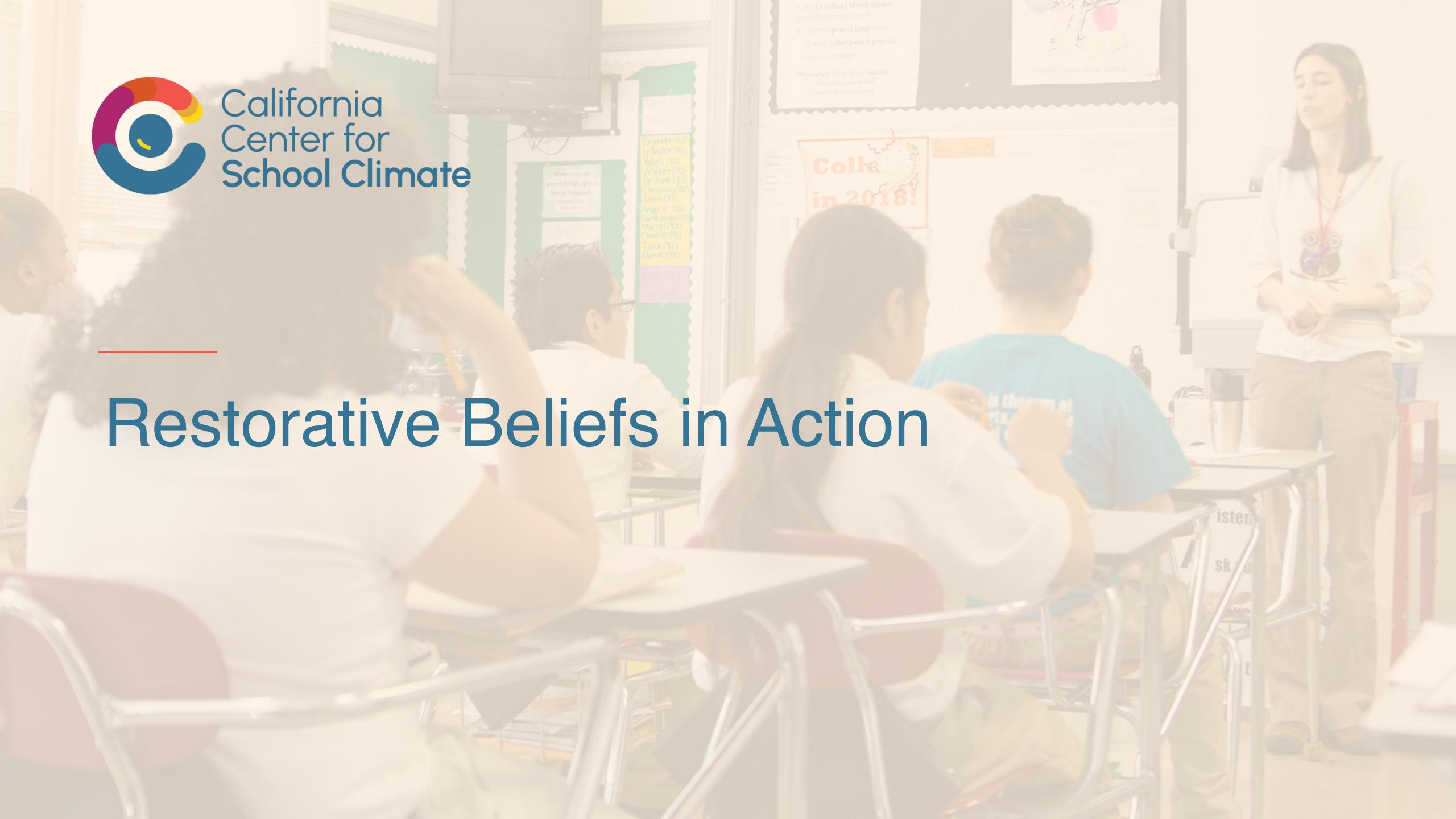






## Agenda

- 1. Focus: Restorative Beliefs in Action (what, why, how)
- 2. Small group discussion
- 3. Share out as full group
- 4. Q&A
- 5. Closing (resources, feedback survey, thank you)



## **Relationships Matter**

#### **RESTORATIVE TRIANGLE**

Relationship-based

#### REPAIR HARM IN RELATIONSHIPS

using circles and conferencing.

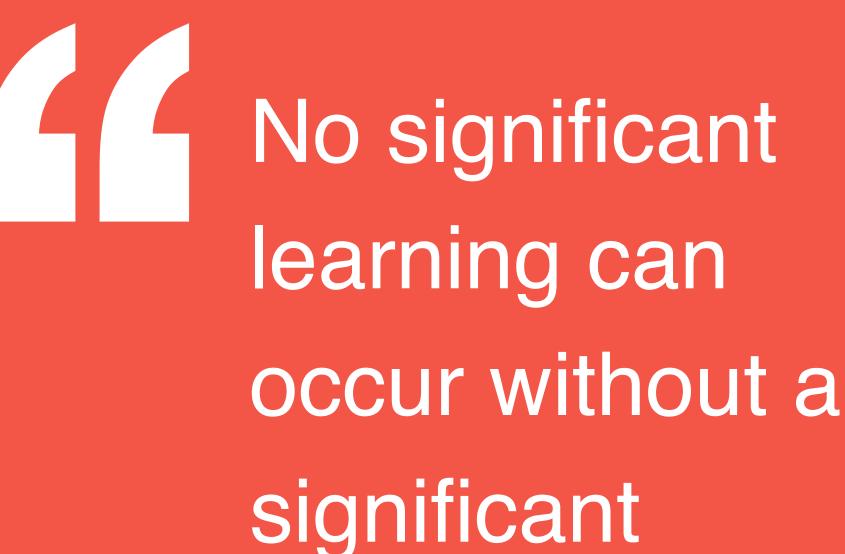
#### MAINTAIN RELATIONSHIPS

when minor conflicts occur, through conversation and circle.

#### MAKE & DEVELOP RELATIONSHIPS

through exploring identity, creating positive environments, encouraging community, and implementing thoughtful curriculum

Adapted from transformingconflict.org



- Dr. James P. Comer

relationship.









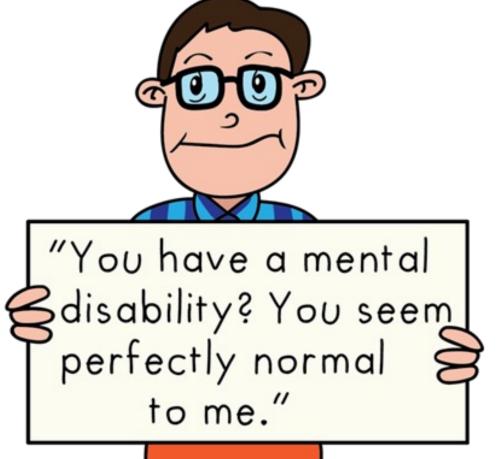




### Microaggressions

Microaggressions are the everyday verbal, nonverbal, and environmental slights, snubs, or insults, whether intentional or unintentional, which communicate hostile, derogatory, or negative messages to target persons based solely upon their marginalized group membership.







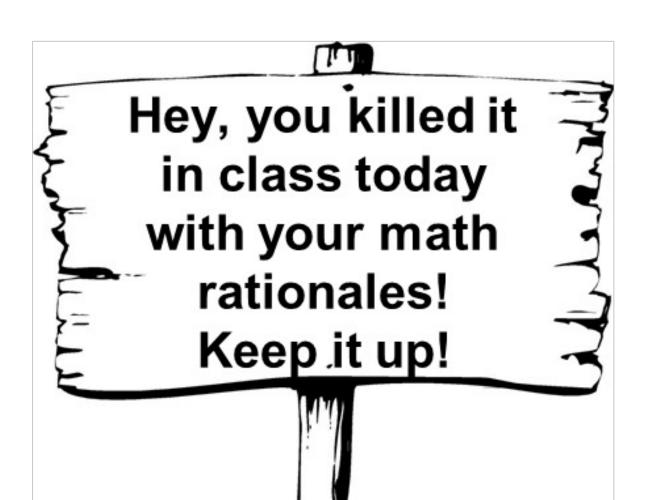




#### Microaffirmations

Microaffirmations are subtle or apparently small acknowledgements of a person's value and accomplishments. They may take the shape of public recognition of the person, referring positively to the work of a person, commending someone on the spot, or making a happy introduction.







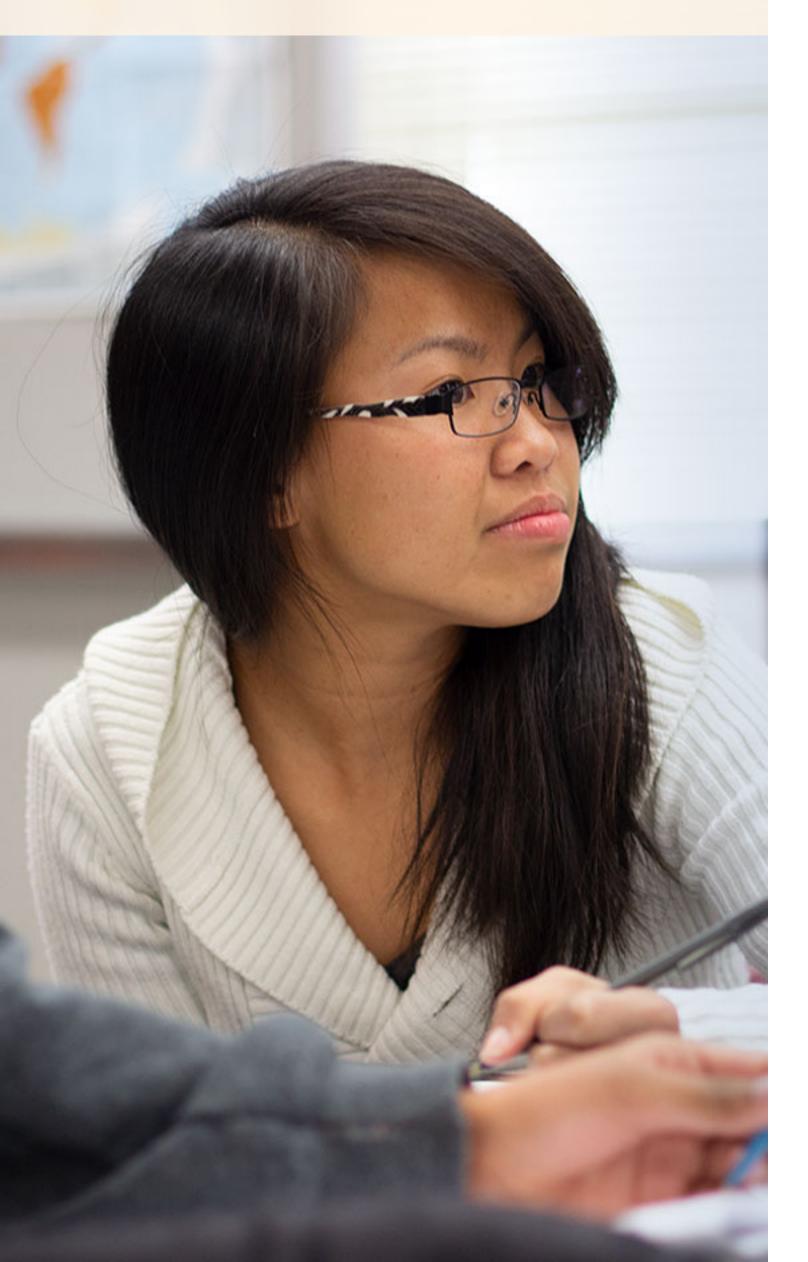


## Impact of Microaffirmations

- Active listening, which focuses on hearing clearly what is being shared
- Recognition and validation of students' experiences
- Affirmation of emotional reactions through verbal acknowledgement
- Consistent, appropriate affirmation of others that can spread from one person to another
- Affirmation of others can become a conscious as well as unconscious practice that prevents unconscious slights







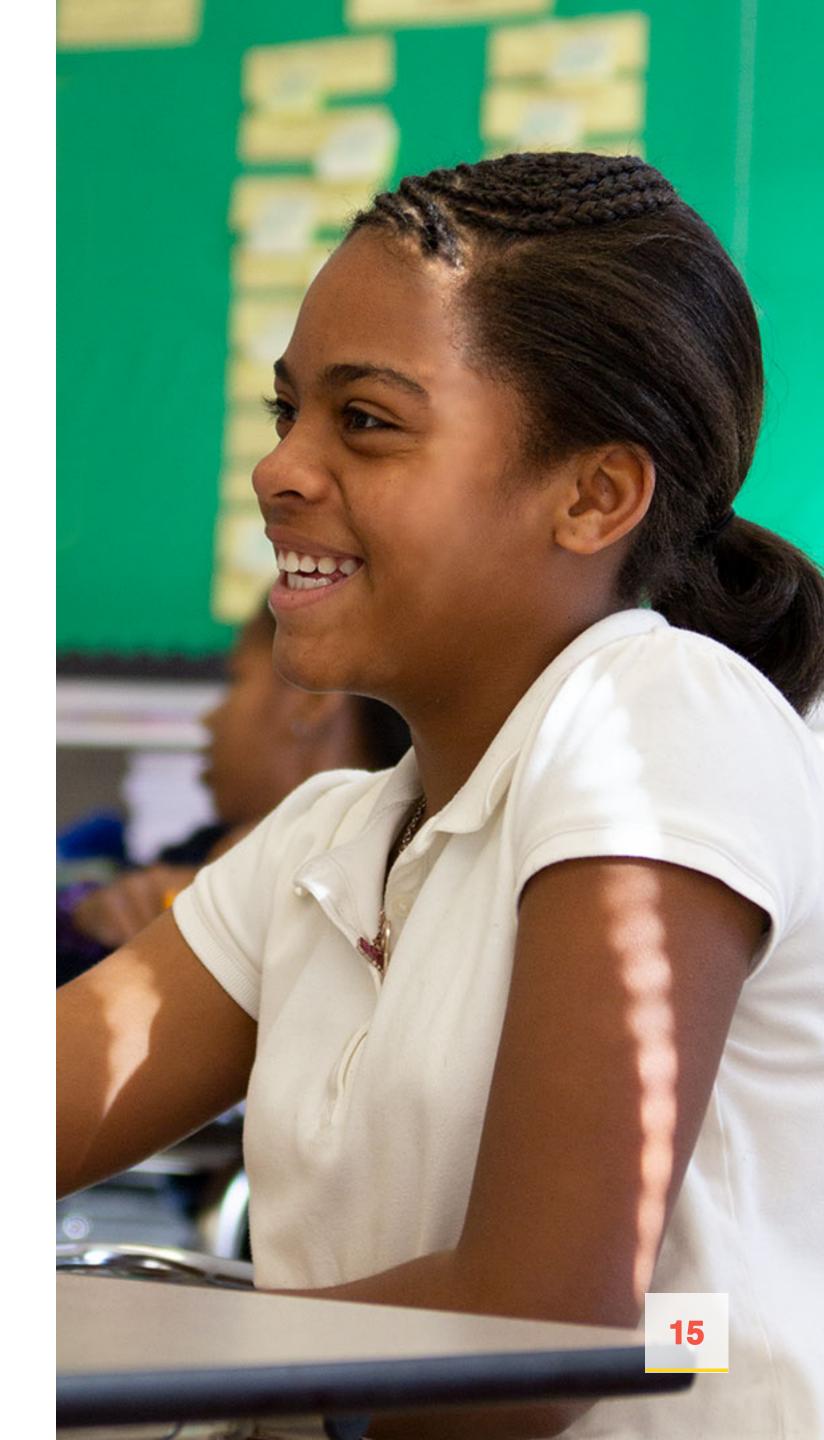
# A Recipe for Strong Microaffirmations

# Ingredients 1. Positive Affirmations 2. Warm and Engaging Tone 3. Welcoming Body Language 4. Eye Contact 5. Smile 6. Frequent

## **Examples**

- •When students tell you they feel they have been singled out because of their identity, you believe them
- •Stopping to ask for someone's opinion or contribution who has not had a chance to speak

- "Thanks for sharing during that discussion"
- •"Hey, what's one highlight from your weekend?"
- •"I appreciate you sharing your thoughts with the class today."









Just start with 1 person.

Take about 10 seconds to think of one person who you would like to share a microaffirmation with.



# Small Group Discussion



# Small Group Instructions

#### Each breakout group will:

- Have 20 minutes to answer guiding questions/prompts
- Use the Google note taker
- Consider sharing a highlight or question with full group







## Small Group Discussion

- 1. Share your name, role, and district/agency (1 minute)
- 2. Do you employ restorative practices in your context? (even if you don't call them that!)
- 3. What restorative beliefs called to you?
- 4. Tomorrow, how will you use (or share) micro-affirmations?



# Come Back Together as Full Group

Small Group Share Out

Q&A





## Thank you. Let's stay connected!

1. Feedback Survey – We want to hear from you!



2. For updates about CCSC events and resources, subscribe to the California Safe and Supportive Schools Newsletter.

## California Center for School Climate (CCSC)

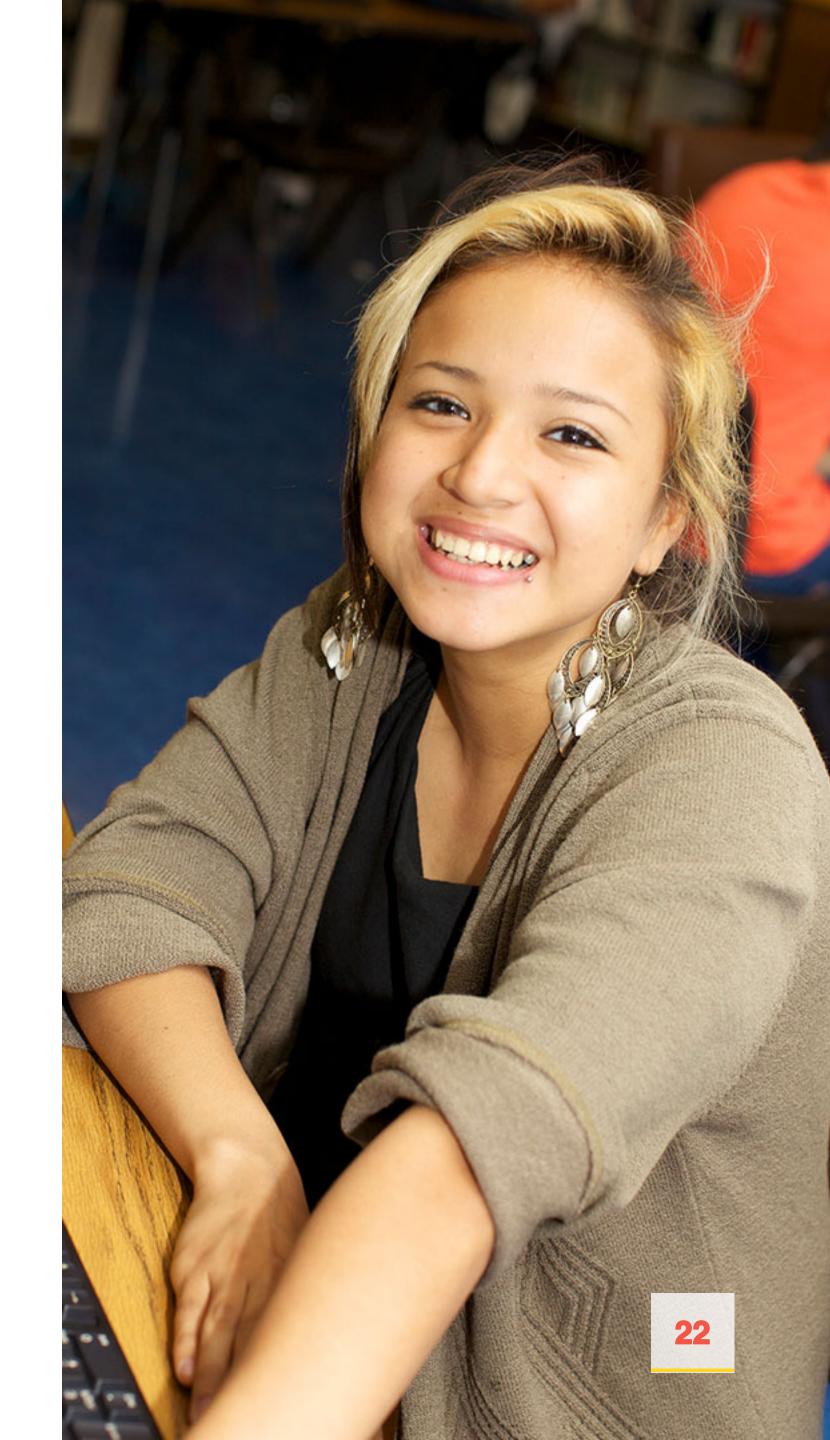
#### Selected Offerings (registrations in the chat!):

- Peer Learning Exchanges (monthly during school year)
- School Climate Data Use Webinar Series
  - Next: March 13@ 12 p.m. Beyond LCAP Compliance: Disaggregating Your California Healthy Kids Survey Data to Improve School Climate
- Annual Event (virtual, all day or selected sessions)
  - 2/28: The Power of Relationships Supporting Positive School Climates
- Topical briefs and toolkits
- Audiocast case stories
- Technical assistance supports

#### Website:

https://ca-safe-supportive-schools.wested.org/california-center-for-school-climate/







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