



California
Center for
School Climate



Peer Learning Exchange

Promoting Student Connectedness and Wellness Using Sandy Hook Promise "Know the signs" Programs and SAVE Promise Clubs

May 2, 2023

Welcome

CCSC Staff



Kenwyn Derby
Sr. Research Associate,
Research-Practice
Partnerships, WestEd



Carla Guidi
Program Associate,
Resilient Healthy Schools
and Communities, WestEd



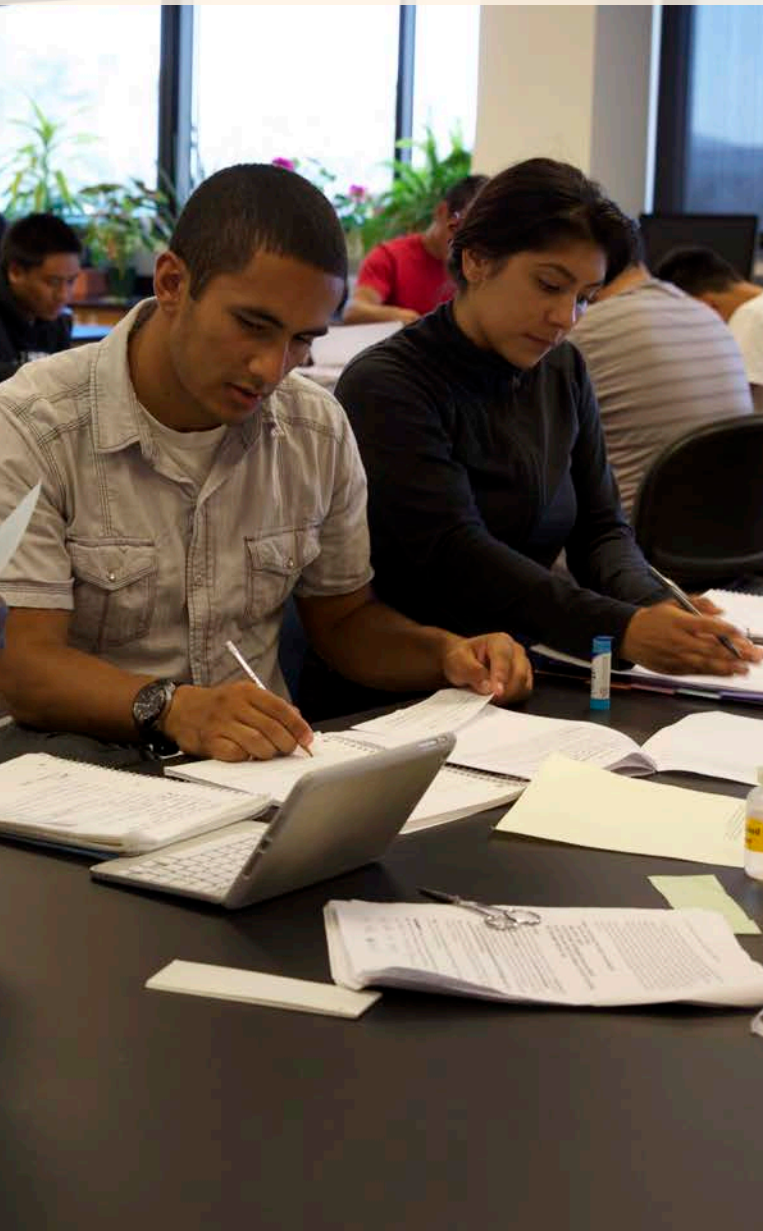
Nakanya Magby
Sr. Research Associate,
Resilient Healthy Schools
and Communities, WestEd

Peer Learning Exchanges

GOAL:

Provide space and opportunity for educators across California to connect and share school climate best practices and insights





Agenda

1. Focus: SAVE Promise presentation
2. Small group discussion
3. Share out as full group
4. Q&A
5. Closing (resources, feedback survey, thank you)



California
Center for
School Climate



Sandy Hook
PROMISE

PROJECT
Cal • STOP
SCHOOL SAFETY • MENTAL HEALTH

Promoting Student Connectedness and Wellness Using Sandy Hook Promise "Know the signs" Programs and SAVE Promise Clubs

Presenter



Dion Chavis, West Region
Project Manager

Student Mental Health in 2021- 2022

1 in 4 middle school students reported social emotional distress

1 in 3 high school students reported social emotional distress

41% of 11th graders were optimistic about their future

15% of 7th graders had suicide ideation





CDE -Sandy Hook Promise Partnership 2019-22

***78 schools trained**

***31,173 total students trained**



"The students and staff loved the presentation and have started to Speak up and Say Something when they have information that is pertinent to the safety and wellbeing of all."

"The content of the student training is applicable to my students." = 100% of respondents reported "Strongly Agree" or "Agree"

***58 schools trained**

***36,363 total students trained**



***85 active SAVE Promise Clubs from the grant, 485 in the state total**

***14 total awards from SAVE and Call-to-Action Weeks won**



“When young people discover they can be agents of change, wonderful things happen. They start to serve in the neighborhoods, learn about public issues, create innovative solutions to tough public challenges and eventually become the voters, community builders and leaders in our communities and nation”

Alma Powell



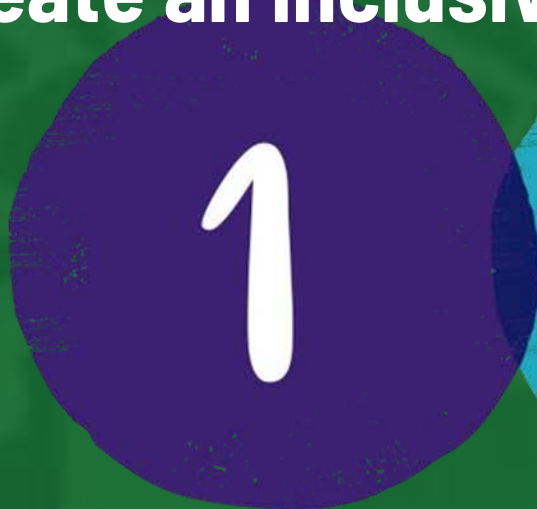


**SANDY HOOK PROMISE'S MISSION IS TO
EDUCATE AND EMPOWER YOUTH AND ADULTS
TO PREVENT VIOLENCE IN SCHOOLS,
HOMES, AND COMMUNITIES.**





Teaches youth how to identify and minimize social isolation, marginalization, and rejection in order to create an inclusive, connected community.



**See Someone
Alone**



**Reach Out
And Help**



Start With Hello



START WITH HELLO KEY OUTCOMES FOR GRADES 6-

12



Connected community



Bullying reduction



Fosters socialization, up-standers



Changes culture from within



New engagement levels

SAY SOMETHING

Teaches students how to recognize signs, especially in social media, of an individual who may be a threat to themselves or others and say something to a trusted adult

1 - recognize **WARNING**
SIGNS and **THREATS**

2 - **ACT** IMMEDIATELY
take it **SERIOUSLY!**

3 - **SAY SOMETHING**

SAY SOMETHING KEY OUTCOMES FOR GRADES 6–

12



Educate on signs and signals



Fosters upstander culture



Violence reduction



Reduction in suicides, cutting & bullying



More students getting help

Alignment with CASEL



Our programs also align with Collaborative for Academic, Social, and Emotional Learning (CASEL) competencies for Social-Emotional Learning including relationship skills, social awareness, responsible decision-making and self awareness.

Program Effectiveness and Key Takeaways

Start With Hello

Improved perceptions of school safety
and more positive relationships with
trusted adults

Say Something

Significantly fewer aggressive behaviors,
more positive attitudes towards school,
and better perceptions of school safety

**1. School shootings
and violence are
NOT inevitable
they are
preventable.**

**2. Upstream prevention
-focused on
building knowledge
and skills at all
levels is critical.**

**3. The best way
to keep schools
safe is to know
the signs of
someone
who may be in
crisis and speak
up.**



SAVE
PROMISE CLUB
STUDENTS AGAINST VIOLENCE EVERYWHERE





**Every Action Can
Reinforce the 4 Es**

The 4 Es

EDUCATE

YOUTH ON HOW THEY CAN PREVENT VIOLENCE:

How? They bring Start
With Hello and Say
Something messaging to
their peers with relevance

ENCOURAGE

YOUTH TO BE UPSTANDERS

How? They model and
share ways to be
inclusive and help others
and use their unique
voices and perspectives

EMPOWER

YOUTH TO BE LEADERS OF CHANGE:

How? They organize and
invite peers to participate
in special events to build
collective energy around
Call-to-Action weeks and
events

ENGAGE

How? They invite peers to join
in Start With Hello and Say
Something events. They
organize opportunities for
connection like town
halls and forums and create
space for other young voices



review

01	Two cost-free trainings for students in grades 6 -12	>
02	Access to a SHP Project Manager and SAVE Promise Club Manager	>
03	In-person interactive Youth Leadership Trainings for SAVE clubs	>
04	SAVE Advisor trainings, monthly activities	>
05	guides and newsletter, office hours \$500 Sustainability Management Supports opportunity in 2023-2024	>

review

Questions/More Information: Take a Picture!

Sandy Hook Promise Programs

Dion Chavis, West Project Manager

dion.chavis@sandyhookpromise.org

