



Dr. Lee Porscha Moore

Peace Family!

We are presenting today from Ohlone land. Feel free to visit the following resources as we wait to begin.

native-land.ca
sogoreate-landtrust.org



I AM BECAUSE WE ARE.

WE ARE BECAUSE I AM.



TYPES OF STUDENTS

VOLUNTOLD



They Have to Be There, but They Would Rather Be Somewhere—anywhere— Else. Contributing Little to and Getting Little From the Workshop, They May Have a Chip on Their Shoulder and Can Be Disruptive. It's Best to Coax—not Confront—this Type.

VACATIONER



They're Happy Just to Be Away From the Job. Typically, Indifferent About Being There, They Often Get as Much as They Give. This Type Can Be a Challenge, but Often Responds Favorably When Asked, for Example, to Work in a Team Setting.

EAGER LEARNER



They're Positive About Attending and Participate Interactively. They Usually Speak Up and Contribute to Enhancing the Experience for All. This Type Often Can Be an Inspiration to the Other Participants.

What Type of Student Are You Today?



Today's conversation invites you to be curious, step into critical self reflection and unpack:

- | Culture of School Climate: My Pre-School-12th Grade VS Your P-12 VS our Currant Students P-12
- | PTSE and Student Experience
- | 3 C's: Connection, Commitment, Care
- | Problem to Possibilities: Healing Our School Climate

CURRENT LOCAL CLIMATE

KQED Inform. Inspire. Involve.

■ Monday, January 22, 2024, 9:41 am

Fresno Unified teachers struggle to keep students from their phones

With a 20-year-old policy prohibiting “portable communication devices” still intact, Fresno teachers are struggling to keep students away from their phones and punish those who don’t follow classroom rules, [the Fresno Bee reported](#).

By Jill Barshay, [The Hechinger Report](#) Feb 5 [Save Article](#)

**KCAL
NEWS**

By Dean Fiorese
February 18, 2024 / 5:23 PM PST / KCAL News





Reframe Questions

What happened to you?



Asset-Driven Approach

What's right about you?

HEALING CENTERED ENGAGEMENT DEFINED

HCE is a strengths-based process that transforms **individual** practices, advances healthy **interpersonal** connections, and improves **institutional** culture in order to create healthy outcomes for youth and the adults who serve them.



ELEMENTS OF HCE

- Explicitly political, rather than clinical
- Culturally grounded and views healing as the restoration of identity
- Asset-driven and focuses on the wellbeing we want, rather than symptoms we want to suppress
- Supports the healing of not only young people but adult providers who serve them

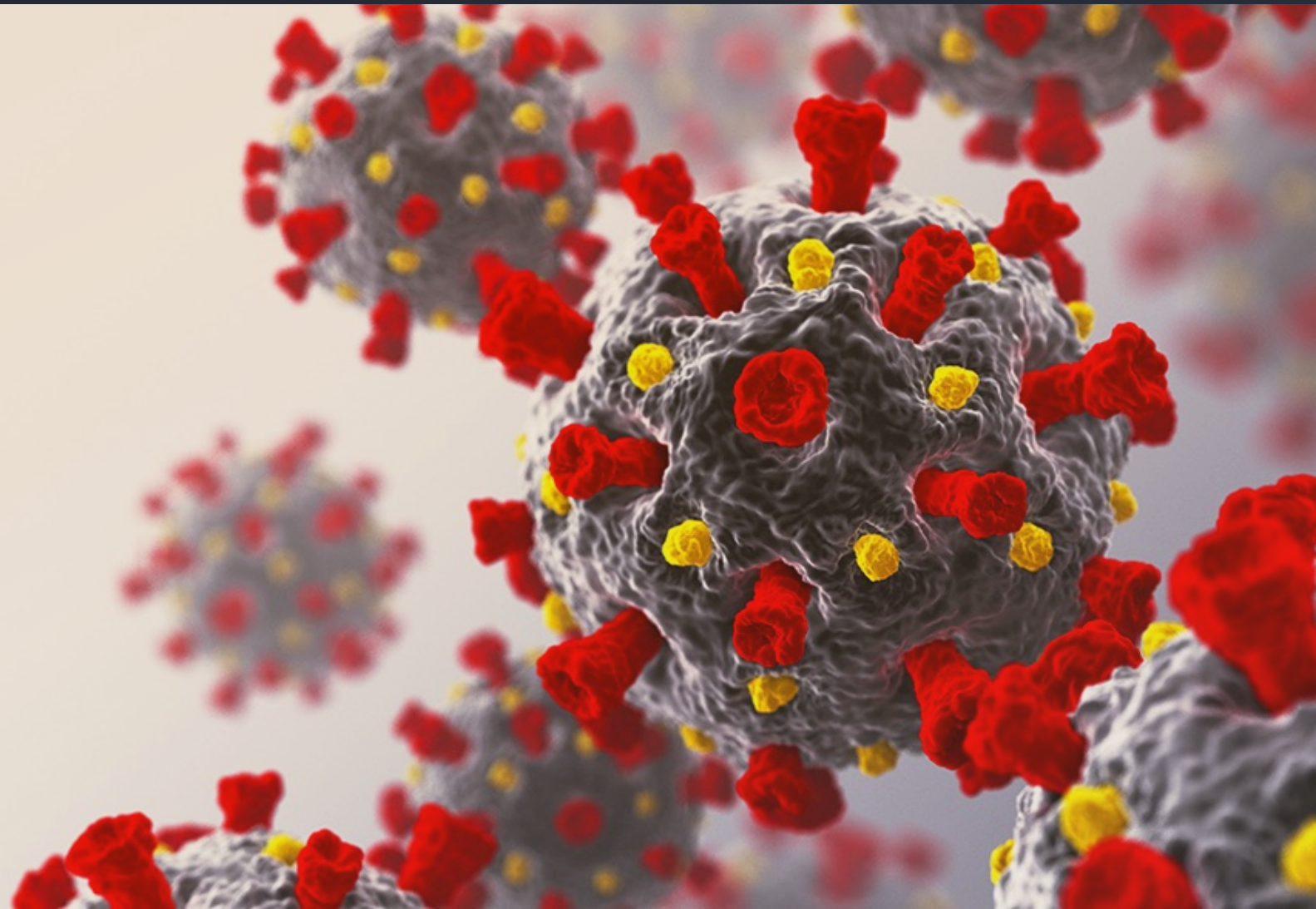


CULTURE

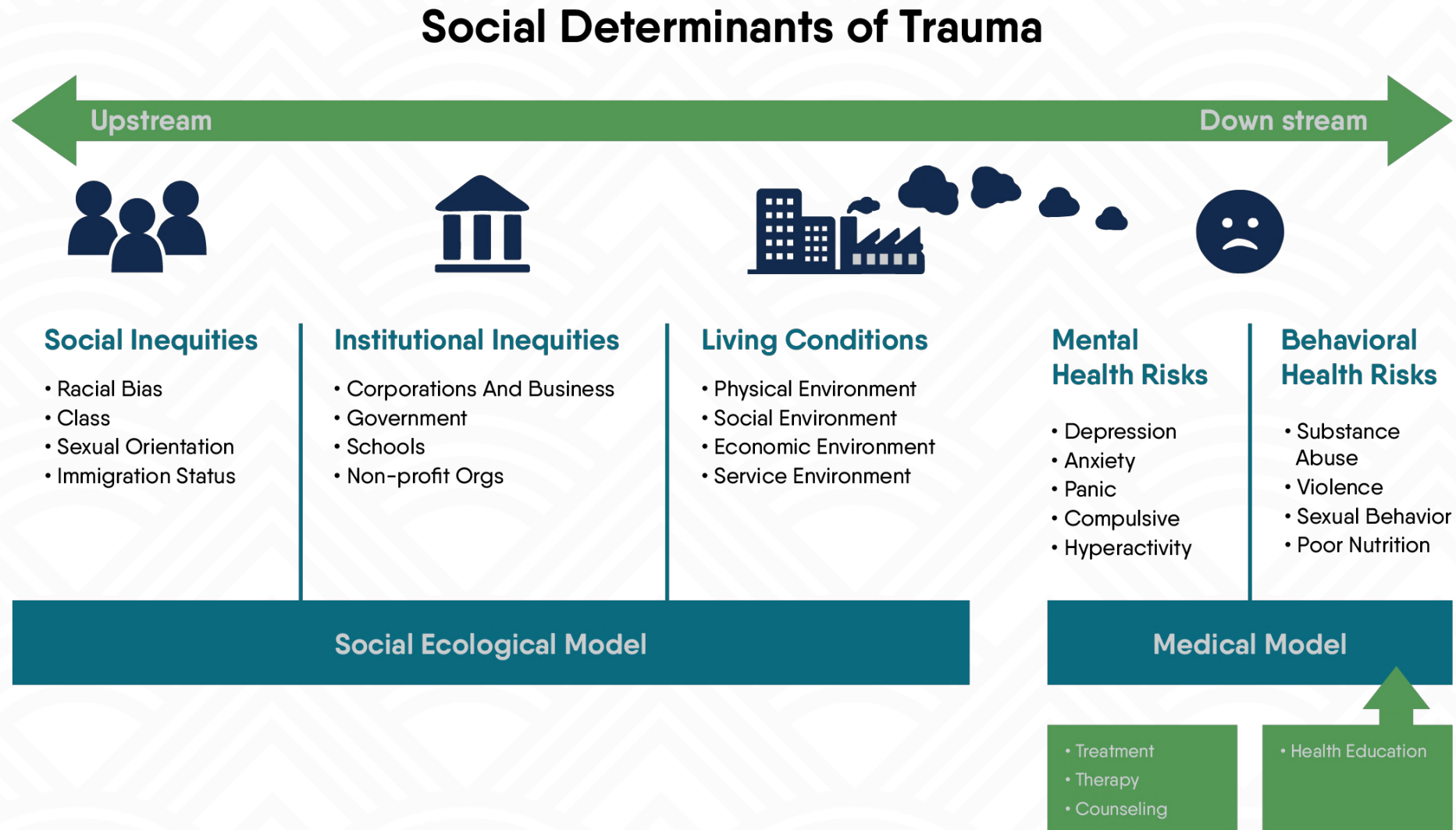
The values and norms that connect us
to a shared identity and community.

**“What is the Culture of Your School
Climate, Your Classroom, District,
County, Etc?”**

COVID-19



How Is Trauma Currently Understood?



The social ecological model shows that trauma is also caused by underlying social, institutional, and living inequalities.

PERSISTENT TRAUMATIC STRESS ENVIRONMENT (PTSE)



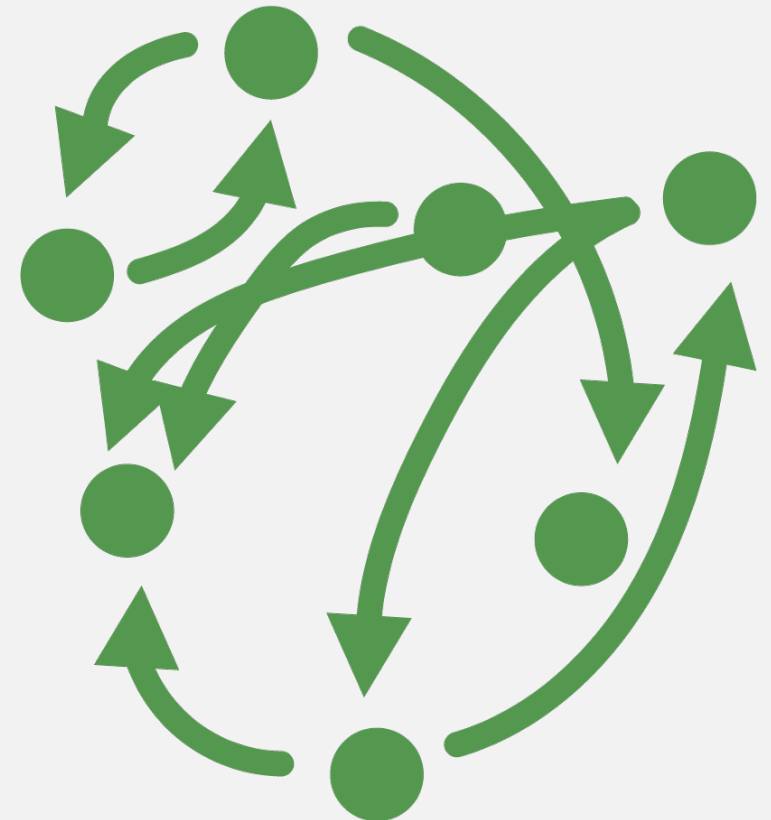
- Trauma and crises are commonplace
- Learning to work and live in persistent traumatic stress
- Health disparities, food insecurity, lack of housing, lack of safety

A CHANGE IN PERSPECTIVE

Traditional Thinking



Systems Thinking



POWER OF HUMANE INVESTMENT



Meaningful relationships involve:

- An investment of time
- An investment of self
- A possible investment of resources

Be willing to take an emotional risk



THE THREE C'S OF A TRANSFORMATIVE RELATIONSHIP

Care

Commitment

Connection

BELONGING AND CONNECTION



Belonging is like human kinship but with agreement among groups to form meaningful connections.

It provides us with an identity, a sense of meaning, connection, and purpose.

Ingredients for belonging = sharing, vulnerability, and listening.

Belonging needs to be more than expressive; it must be institutionalized as well.



THE NEED TO BELONG

Our experience with youth reveals the emotional harm children suffer when they are on the outside looking in.

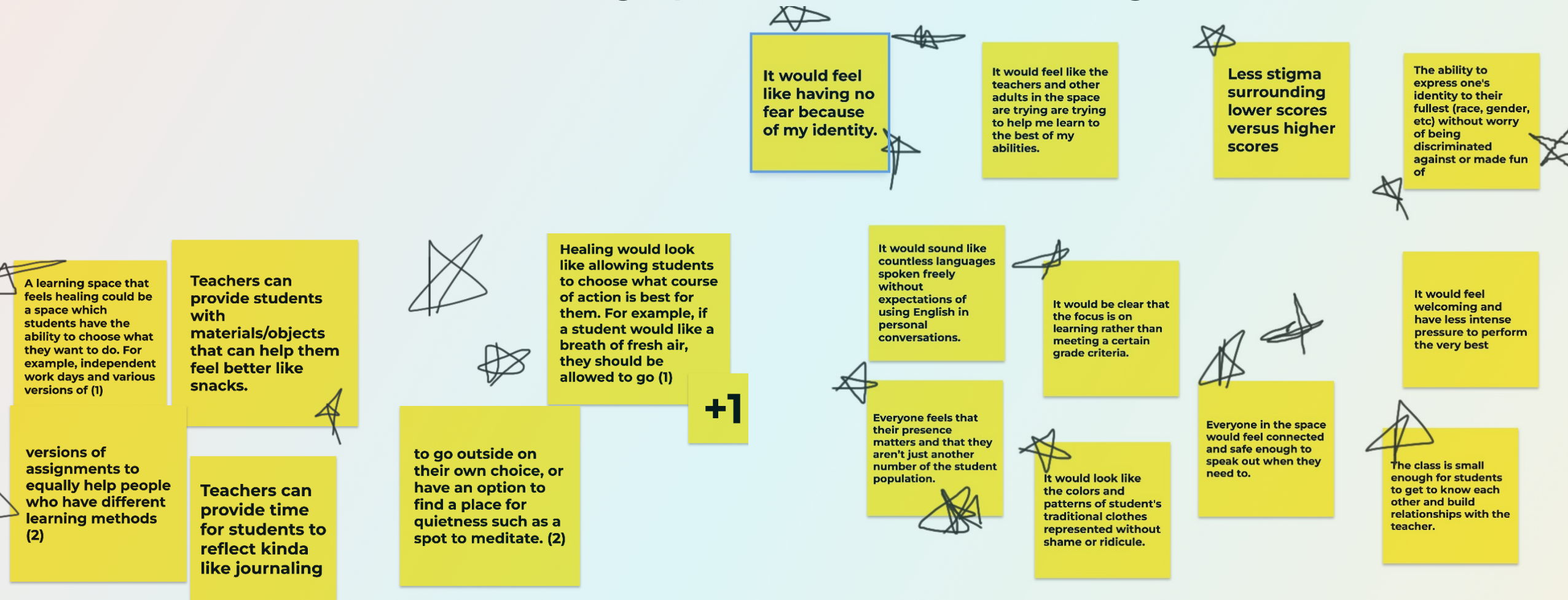
Not feeling like you belong hurts.

The need to belong is not a new psychology trend.

PROBLEM TO POSSIBILITIES

Shared by High School Students on California Center for School Climate Youth Advisory Team

What would make a learning space feel more Healing?



THE THREE I'S X POSSIBILITIES QUESTIONS

INDIVIDUAL

Where do you show up in this situation?

- What parts of yourself might need more attention or care in this situation?
- What possibilities might self-reflection open up about what's going on for you in this situation?
- What would it take for you to participate in the change?

INTERPERSONAL

Where does this problem show up on the relationship level?

- What relationships can be built or leveraged in this situation?
- Who can help make a difference?
- What relationships need to become transformative or transactional in this situation?

INSTITUTIONAL

Where does this problem show up on the institutional level?

- What policies or practices could use more careful attention in this situation?
- What policies or practices have been successful so far?
- Vs: What policies & practices are perpetuating this problem?
= Dead end

HOW CAN I DIVE DEEPER INTO HEALING SCHOOL CLIMATE?





"Healing Centered Engagement is a non-clinical, strength-based approach that advances a holistic view of healing and re-centers culture and identity as a central feature in well-being."

Trauma Informed & Healing Centered

Comparing Two Approaches

Trauma Informed

Asks: “What happened to you?”

**Focuses on episodic harm
and injury to the individual**

Uses a clinical, individual approach

**Focuses on treating clients
(children, youth, and families)**

Healing Centered

Asks: “What’s right with you?”

**Focuses on ongoing holistic healing
of individuals, interpersonal relationships,
and institutions**


**Considers the environmental
context of trauma**

**Supports providers with sustaining
their own healing and wellbeing**

***Acknowledges how trauma is
experienced collectively not just
individually***



Considers how the root causes of trauma exist in the **environment**, not only the **individual**



Focuses on
restoration and
healing rather
than **cop**ing
with symptoms

***THANK YOU
HAPPY
HEALING!***

