



WestEd 

November, 12 2025

Wellness Mini-Session

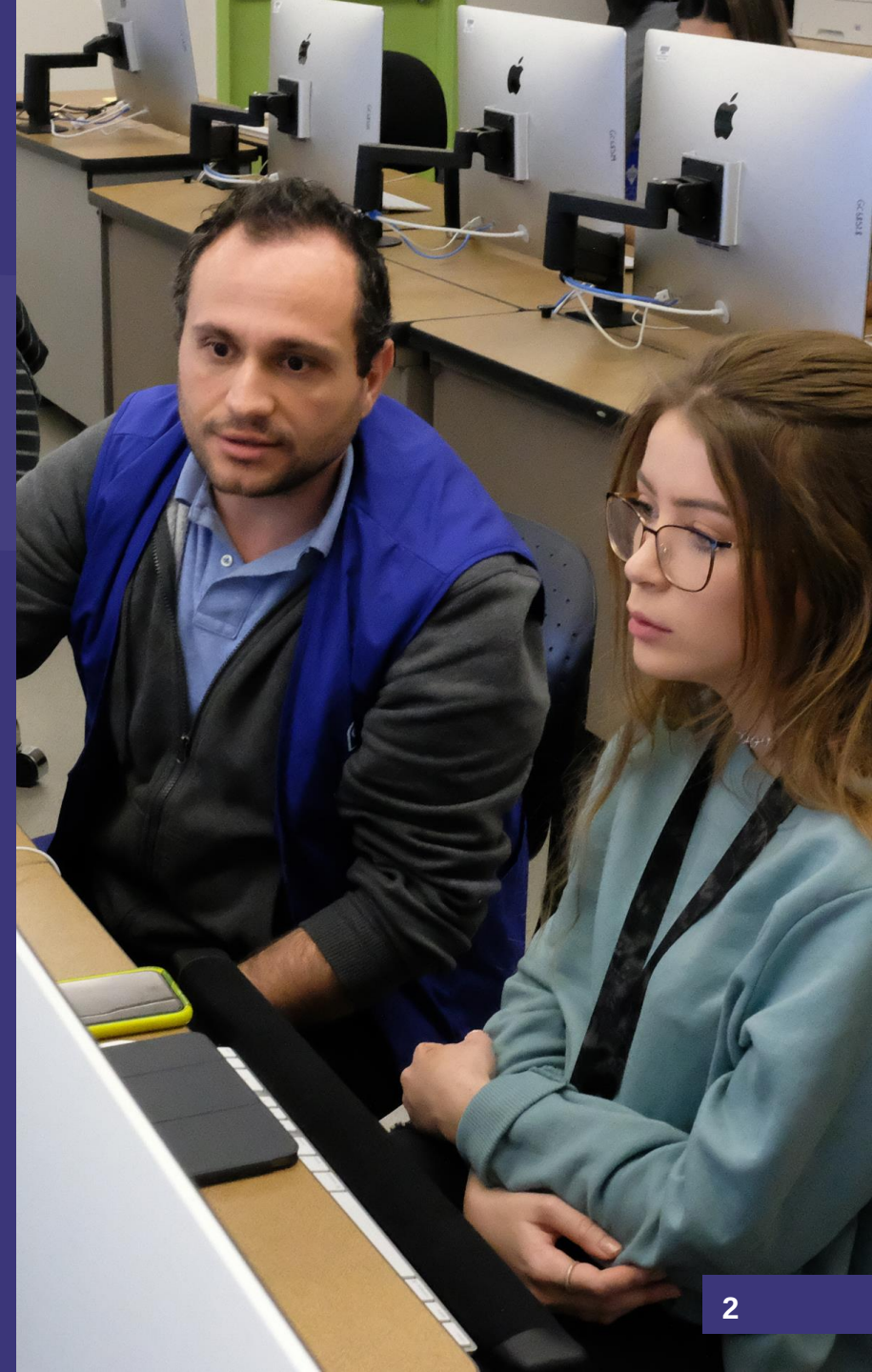
The Mindfulness Map: A Journey of Connection



Welcome!

This mini-session is hosted by the California Stronger Connections Technical Assistance Center.

We provide support to local educational agencies to foster safe, health, and supportive learning environments.



Presenters



Meade Williams
LMFT, Mindfulness
Coordinator



Tulare County
Office of Education

Tim A. Hire, County Superintendent of Schools

**Tulare County
Office of Education**

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Scan for Resources

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Garden House Therapy, Founder

TCOE Project Aware Mindfulness Coordinator

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More Opportunities for Learning and Connection

- Peer Network on Participatory Data Use Practices
- Proposal Support Series
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Thank you!

Contact Us:
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